

Motorcyclist dies at scene of A14 accident



TOMMY LUMBY
@TommyLumbyCN

A MOTORCYCLIST has died and a car driver is in hospital with serious injuries after two crashes on the A14 on Monday morning.

The fatal collision involving a motorbike and a lorry happened in the early hours of the morning, westbound between junctions 35 and 36.

A police spokeswoman said: "We were called at about 2am to reports of a collision involving a lorry and a motorbike on the A14 westbound between junctions 35 and 36 (Stow-cum-Quy and Swaffham Bulbeck).

"The driver of the motorbike, a man, sadly passed away at the scene."

A spokesman for East of England Ambulance Service said: "We received a call to reports of a serious collision involving a motorbike and a lorry on the A14.

"We dispatched an ambulance crew, rapid response vehicle, and a Magpas medic car to assist.

"Sadly nothing could be done for a man at the scene and he was pronounced dead. "Our thoughts are with all of those involved at this time."

During rush hour, police were called to another incident involving two cars and a lorry going in the opposite direction, after a car struck the central reservation.

The police spokeswoman said: "Police were called at 8.35am to a collision involving two cars and a lorry on the A14 eastbound between junctions 33 and 35 (Milton and Stow-cum-Quy).

"An air ambulance attended. One person was taken to hospital with serious injuries."

An eye-witness at the scene said: "It looked as if someone was trapped inside the small car."

The A14 was closed for hours both ways while police investigated.

The roads were cleared, leading to traffic diversions on the A10 and the A142.

Motorists were involved in significant tailbacks on the roads.

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NEWMARKET CARNIVAL



Parading town's best

FAMILIES flocked to Newmarket to enjoy a fun day out at the town's carnival.

A parade started at noon on Saturday, with family fun starting at the Severals Sports Pavilion at 1pm.

The theme of this year's carnival was cycling.

A spokesman for the event said: "We are all very busy but very excited. Lots of fun to be had lots going on in the parade."

Hundreds of people turned out to see marchers taking to the streets

alongside floats and banners.

There were floats and stalls and an appearance from the Mayor of Newmarket herself. Mildenhall police even put in an appearance. There was a bouncy castle, pony rides, face painting, live music, and food and drink.

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MARDI GRAS: The Newmarket Carnival in full swing
Pictures: Phil Morley



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ECONOMY

Countdown to valuable July meeting

THE week of Newmarket's July festival is one of the busiest in the racecourse calendar, with thousands of racegoers arriving to watch some of the finest thoroughbreds compete at the international home of flat racing.

William Gittus, chairman of the Newmarket Horsemen's Group, said: "Across the three days of racing, the racecourse will attract around 40,000 people, while the July sales at Tattersalls will see representatives from more than 30 different countries coming to Newmarket with a view to doing business."

The festival kicks off on Thursday with Ladies Day.

The first race of the festival is the Newmarket Town Plate at 12.50pm, an amateur race which has been run since 1666.

This historic contest is run over a stamina-sapping three-and-three-quarter-mile course, much of which is only used for this single race each year.

Saturday's highlight is the Group 1 Darley July Cup. Under-18s are admitted free to all enclosures on Saturday.

To check if tickets are still available go to newmarketracecourses.co.uk or call 0844 579 3010.

Racing's £240m a year to town

TOMMY LUMBY
@TommyLumbyCN

THE horseracing industry contribution to the Newmarket economy has increased by £34 million over the last four years, says a report.

The study found the area's economy grew by 7.2 per cent in real terms in the four-year period, and claims the town has seen a "sea change" in efforts to enhance Newmarket's attractiveness to visitors.

The report — an update on one commissioned in 2014 by Forest Heath District Council and Newmarket Horsemen's Group — says the horseracing and breeding industry now makes an annual contribution to the local economy of more than £240 million.

"This updated report underlines the value and the contribution the horseracing industry makes to our local economy," said Cllr Lance Stanbury, Forest Heath District Council cabinet member for planning and growth.

Cllr Stanbury highlighted the industry's contribution to Newmarket as a popular destination for visitors.



WINNER: Horseracing's contribution to the Newmarket economy has increased by £34m over the last four years

He pointed out the £15 million transformation of the former National Horse Racing Museum, to which the racing industry contributed around £5 million along with further cash from local authorities and lottery funding.

Cllr Stanbury said: "I am pleased the report recognises the strides being made in enhancing the town's distinctive character, and I look forward to celebrating more such

achievements."

Horseracing is Britain's second biggest spectator sport and in Newmarket is reportedly responsible for around 3,600 full-time equivalent jobs and more through indirect employment.

The findings were released ahead of this week's July Festival, one of the busiest weeks of the year in Newmarket.

William Gittus, chairman of the



Newmarket Horsemen's Group, which represents racing's interests in the town, said: "July Festival week in Newmarket provides an insight into the appeal of the racing and breeding industry in Newmarket and the scale of its impact on the local economy."

Mr Gittus added the report underlined the "importance of protecting the industry" and the need to "allow for potential further growth and expansion".

Racehorse trainers reportedly generate the most economic activity within Newmarket and the surrounding area at almost £120 million, followed by stud farms at almost £90 million.

The report was compiled by SQW (Segal Quince Wicksteed), a leading independent provider of research, analysis and advice in economic and social development.

SQW's Bill Wicksteed said: "Newmarket is firmly established as one of a small number of international hubs for the racing industry."

"Several of our interviewees felt that the cluster's standing has improved, not least in relation to the status of stallions at the major stud farms."



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COMMUNITY



FADING FOLIAGE: Arthur Roberts is concerned that trees and hedges are seemingly dying alongside the horse walkway on Snailwell Road, Newmarket
Picture: Keith Jones

New walkway blamed for environmental damage

DAMAGE to trees and a hedgerow caused by materials used to build a horse walk in Newmarket has been described as an "environmental disaster".

Newmarket resident Arthur Roberts, 74, noticed several trees and a section of hedgerow next to a recently laid section of walk in Snailwell Road were withering and turning brown.

"I presume the trees might die, which could have a big impact, because they would have to be taken down," said Mr Roberts, who lives in nearby Malcolm Way.

Jockey Club Estates (JCE) laid the walkway around a month ago, which extended an existing one at the southern end of Snailwell Road, between Fordham Road and Malcolm Way.

However, JCE was forced to dig up and remove sections of the new path after experts said an aggregate used to lay it may have changed the alkalinity of the soil, causing the trees and hedgerow to wither.

"I have been out there and

TOMMY LUMBY
@CambridgeNewsUK

spoken to the people who are taking away the aggregate, and one of them described it as an environmental disaster."

He added: "This could be caused by the use of material by the Jockey Club, which has altered the pH level of the soil."

"It's quite a popular walk along there for dog walkers. All the leaves are turning brown, and they shouldn't be doing that at this time of year."

The original stretch of walk caused controversy when it was built almost three years ago, with many residents complaining it was built far too wide, causing vehicles to drive onto it.

The walkway was narrowed in May last year, after a horse was killed in a crash with a lorry.

Warwick Hirst, a nearby resident and Newmarket town councillor, said the new walkway was a "tre-

mendous boon" for safety, because it removed horses from the road.

However, Cllr Hirst added: "Those trees are on the boundary between my garden and the horse walk, so I'm hoping they will fill it up, but with a less aggressive material."

Councillor Robin Millar, of Forest Heath District Council, said: "A resident emailed me on Monday morning. I immediately contacted the highways department and the Jockey Club to sort something out."

"Two experts went out there and they identified that the alkalinity of the soil was the cause of the damage."

Cllr Millar said the Jockey Club had obtained permission from Suffolk Highways to build the new walkway.

"The material has been taken away for tests, and when we get the results, we will figure out what to do next," he said.

Nick Patton, managing director of Jockey Club Estates, said: "We took immediate steps to remove the surface."

"We are working with an arboriculturalist, and we will be watering the area to try to help recover the trees."

"We have used this material in other locations, and it has never caused a problem."

"This was highlighted to us at the weekend and we have already had it removed. It's a bit of a mystery. Soil tests are ongoing and the surface supplier is having the material investigated."

CRASH

Police hunt as van crashes into house

A WHITE van was left abandoned after crashing into a house in the early hours of Tuesday morning.

Householders described how the van sped along St Phillips Road, Newmarket, before crashing into the home in Exning Road.

Police are appealing for information after the crash, which happened at 3.40am.

Families have told how they heard a loud crash which woke up the street.

One resident, who asked not to be named, said: "The noise woke everyone in the street. They must have been going at some speed as there were tyre marks all along the road from halfway up to the mini-roundabout at the end."

"It went right into a house and smashed through the fence."

"You could hear it because it was so loud. The people in the van ran off and all that was left was an empty beer bottle."

A Suffolk police spokeswoman said officers were hunting the van's occupants.

She said: "A white van had been travelling along the B1103 Exning Road when it came off the road and collided with a house, near to the junction with St Phillips Road."

"Officers attended the scene, however the occupant(s) had fled."

No one was injured in the incident.

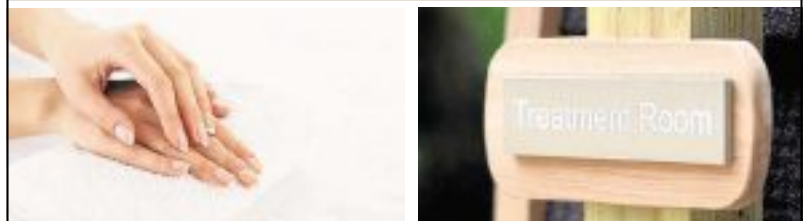


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We took immediate steps to remove the surface. We are working with an arboriculturalist, and we will be watering the area to try to help recover the trees.

Nick Patton, managing director of Jockey Club Estates

Letters



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Contacts

REPORTER: Samar Maguire
(01223) 434292
samar.maguire@
cambridge-news.co.uk
@SamarMaguireCN

MANAGING DIRECTOR:
Richard Duxbury

ACCOUNT EXECUTIVES:
Louise Cohen
07881105869
louise.cohen
@cambridge-news.co.uk

Tony Boyce
(01223) 434212
tony.boyce
@cambridge-news.co.uk

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ONCE again the residents of Exning parish and beyond have given wonderful support to the two fund-raising events held recently.

The house to house collection in May raised £2,088 and the 11th annual duck races in June a further £1,441.

Many thanks to Jan Lovegrove and all the volunteers and helpers for their hard work and dedication.

Richard Bye
Christian Aid chairman
Burwell Road
Exning

Row over rise in allowances

I ATTENDED, as a member, a meeting of Soham Town Council earlier this week.

Some East Cambridgeshire district councillors were present. I asked all of the district councillors if they were comfortable with voting themselves an increase in their basic 'allowances' from £4,261 per annum to £5,300 per annum – an increase of almost 25 per cent.

This at a time when many public sector workers have a cap on their pay increases of one per cent.

I was criticised and told that I was "out of order." None of the district councillors answered me. I was not surprised.

I am now no longer a member of Soham Town Council.

There are lots of other pleasing things to do during my remaining years.

Geoffrey Woollard
St Andrew's Park
Soham

Fantasy land of Brexiteers

WELL my flabber is well and truly gasted.

Dominic Cummings the campaign director for the official Vote Leave campaign and who ran a campaign which included the infamous slogan on the side of the bus "Lets give our NHS the £350 million the EU takes every week" now claims the referendum was a "dumb idea" and leaving the EU "will be an error".

I've yet to see the benefits of Brexit in the real world as opposed to the fantasy land that Brexiteers inhabit.

Ever been had?

John Doland
Hanover Close
Bar Hill

Austerity is damaging

THE Government's insistence on persisting with austerity is like someone suffering from an eating disorder. Call it 'Anorexia Fiscalis' – classical scholars can put me right.

Surely the truth is that the maintenance of financial stability by the progressive reduction of the

deficit and the provision and support of efficient public services are two sides of the same coin.

A healthy economy needs the support of efficient public services. Cutting them back undermines a healthy economy.

No one can deny that unnecessary public expense should be kept to a minimum, but there are limits on the amount by which public expenditure can be cut back without damaging the services on which it is spent.

Public expenditure is not all bad. Education, the NHS and our security and defence forces, for example, need to be properly financed, provided that the scope of those services is properly defined and expenditure on them is audited.

State pensions and social security payments should, ideally, be confined to those who are demonstrably unable to cope without them.

Cutting public expenditure beyond those limits can cause serious damage not only to the services on which it should be spent but also to the wider economy on which those services depend.

In a vain attempt to eliminate the deficit within a certain period, the Government is persisting with austerity measures which is damaging the wider economy by which, ultimately, the elimination of the deficit will be achieved. Austerity can cause the economy of the country gradually to waste away.

Bringing the economy back into balance takes time, but it can be achieved by good management, not by arbitrary and indiscriminate cuts to public services.

Dr Anthony J Cooper,
Old School Court,
Great Shelford

Blame for tower tragedy

I WILL leave it to your readers to judge if J Corbyn, J Mc Donald and D Abbott are trying to politicise the Grenfell Tower tragedy.

John McDonnell, said people in Grenfell Tower were "murdered by political decisions", saying politicians' decisions over recent decades were to blame. Possible.

Labour passed the regulatory reform fire safety order in 2005, which allowed a responsible person to inspect work done, rather than the local council

Mr Corbyn added: "What the tragedy of Grenfell Tower has exposed is the disastrous effects of austerity."

The *Guardian* reported Ron Dobson, the commissioner of the London Fire Brigade (LFB), who said: "In the last four years, we have cut £52m without reducing frontline services.

"According to the LFB, the number of incidents it attends has dropped by 35 per cent in the last 10 years, while the number of fires has dropped by 51 per cent."

Diane Abbott told a meeting that the final death toll from the Grenfell Tower would exceed 100 and blamed the disaster on Conservative attitudes towards social housing.

Emma Dent Coad, Labour MP for Kensington, objected to retired Judge Sir Martin Moore-Bick, yet has never met him.

She was a Council Board appointee of the K&C Tenants' Management Committee from 2008 to 2012; a member of the council's Planning Applications Committee since May 2013; and a member of the main Planning Committee since June 2014. She was also a member of the London Fire and Emergency Planning Authority. She has written or contributed to a number of books on architecture.

Robert Boorman
Stretton Avenue
Cambridge

Fast city trips by travelator

YOUR article (*News*, July 8) indicates some of the Cambridge traffic problems, but going underground is only part of the solution.

If you ask most people why they still prefer to drive into the centre of Cambridge, you will find that the answer is to avoid 'waiting time', even though the drive may itself take longer. The perception of delay is always worse when waiting for a bus, train, taxi or whatever.

So, surely, we need to look at systems which provide continuous travel rather than pulsed travel, such as buses. There are fast travelators of the sort which 'extend' the moving deck and/or one could use parallel adjacent travelators moving at different speeds so one could step across onto a faster or slower deck. The speed differential between adjacent decks could be relatively small but the speed of the fastest one could be sufficient to provide fast travel into central Cambridge from park-and-ride locations.

Such systems could be underground where space is at a real premium, but the space occupied would be much smaller than that required for buses or trams.

Michael Brunner
Barrington

Waging war on climate change

BRITAIN has unquestionably been led and is being led by less than competent politicians!

With the "war on our roads" claiming 1,780 lives last year – 11 years of war in Afghanistan claimed the lives of 456 UK military personnel, compared to some 22,000 lives on our roads – it needs to be found that a significant number of drivers aren't "straight" and also their "state of mind", ie, total lack of respect for the law and vulnerable road users, falls well short of acceptable.

Also, the Care Quality Commission has found that over a third of care homes are "unsafe".

Accordingly, with police reports finding that 84 per cent of drivers exceed 20mph speed limits, it needs to be found that all speeding drivers need to be made safe.

Britain's most critical wars are surely congestion and climate change.

Cycling can beat congestion and is carbon neutral. It also gets people on low incomes to work: with 123 cycling fatalities last year, it needs to be found that cycling safety is far

worse than safety in care homes.

A report has found: "Britain is one of the most gridlocked countries on Earth with drivers spending 32 hours a year on average in traffic jams."

With each road death said to cost the economy £1.7 million, and congestion costing £31 billion a year, it should be found that Britain can't afford to tolerate lawless drivers.

Given Wimbledon has 'Hawkeye' to guarantee fair play, it should be found that technology can also guarantee fair play for cyclists: their power and speed is governed by their fitness and heart rate.

Accordingly, speed limiters should be fitted to all but emergency vehicles.

Not only could this ultimately guarantee fair play for the elderly and the NHS, it would end the need for high-speed, potentially lethal, police chases.

Allan Ramsay
By email

Reducing bulk with design

HAVING seen the various stabs at an "improvement" to the plans for redevelopment of the market place retail block in Ely it strikes me that the devil you know may be worth keeping.

The ocean liner design that has now been supplanted by a monolith of neoclassical modernism seems to me to have no advantage over the current building. The increased height and singular bulk of the proposal will dominate both the square and closer buildings across Dolphin Lane.

There is no reason to allow this to take place. If there is to be redevelopment, scale must respect the surroundings.

By slipping up the facades of the block you would have less of a beached whale and more of the interest and pleasure we would like to find in what is still a small scale city centre. It is applying a basic understanding of how to visually reduce the impression of bulk.

Ian Allen
Witchford

Admit Brexit was a mistake

ANTHONY Cooper (*Letters*, July 6) says we have two choices – protracted talks or "the cliff edge". No! There is a third way.

I'm a staunch remainer, so he's not my favourite person, but here's a quote from David Davis that I'm sure he regrets: "Nations are not democracies if they cannot change their mind."

Let's show that we are a democracy, admit that we've made a mistake – that any potential advantages do not justify the cost or trouble involved.

Let's allow our young people the future they want and stop this silly headlong race downwards.

It's a confident nation that admits it's in error. Let's hold our heads high and say "We want to stay."

Jane Phillips
Birdwood Road
Cambridge

ACCIDENT: The scene of a crash involving a cyclist on the A14 at Newmarket
Picture: Phil Morley



POLICE

Cyclist hurt in collision

A CYCLIST was taken to hospital after a collision with a car on a busy stretch of the A14.

The incident happened on Saturday afternoon near Newmarket, between junctions 36 and 37, and led to one lane of the A14 westbound carriageway being closed for more than an hour and a half while emergency services were there.

An air ambulance was also called to the scene. A spokesman for

Suffolk police said an investigation into the collision was being carried out.

He said: "The incident involved a cyclist and a car.

"The cyclist was injured, but the injuries were not life-threatening.

"The person suffered a broken shoulder and broken collarbone, and was taken to Addenbrooke's Hospital in Cambridge.

"No-one in the car was hurt."

ROADS

Lucy takes on triathlon to honour friend

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A DEVASTATED friend of Lauren Danks, 21, who was killed by a drink-driver, is gearing up to dedicate a sporting challenge in her memory.

Lucy Dunmore 19, is taking on the London Triathlon on July 23 to raise money for the Road Victims Trust.

And in a nod to her friend's love of Disney, she's doing the whole event wearing Minnie Mouse ears.

Ms Danks, from Soham, died at the scene when drink-driver Nelson Curtis crashed into her car at 104 mph on the A11 near Red Lodge in November last year.

Lucy said: "I remember always talking with her about

the triathlon. She said I was mental."

But despite Lauren's reservations, Lucy said that they bonded over their love of challenging sports.

"She said she would love to do a half marathon, she thought me doing the triathlon was amazing, she really liked the thought of it, but still called me a nutter at the same time," said Lucy.

So far Lucy, from St Ives, has smashed her £1,500 target, having currently raised just over £2,000.

But she but hopes to raise at least another £500 to help with support and awareness for road safety.

She said: "I chose the Road Victims Trust because at Lauren's funeral it was the charity her mum and dad chose to support."

The trust helps families who have lost loved ones in

road accidents.

Lucy said: "They help with support basically in the aftermath and how to deal with loss and how to grieve.

"They are the biggest support for families of a road collision - £1,000 helps a family for a whole year, so far that's two families helped.

"It was very hard at work, we were such a close knit team.

"I was used to seeing her every day. It was very hard. I am someone who has to do something to take my mind off it."

The gruelling triathlon will involve a 400m swim, a 10km bike ride with a 2.5km run to finish it all off and Lucy has been training hard since January to be in the best possible shape.

On days where training gets hard, Lucy says all she does is think back to the conversations she and Lauren used to have about this "mental" challenge.

She said: "I'll never forget her talking about it, throughout my gruelling events that will stay in my mind forever and during training and all the hard work.

"Lauren, she's there, she's ready with me."

Lucy says the last couple of weeks have been especially difficult with the news of a seven-year prison term for Curtis.

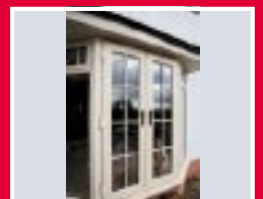
She said: "I just want to bring a positive thing in to remember her."

You can donate to Lucy's JustGiving page at justgiving.com/fundraising/Lucy-Dunmore.



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GEARING UP: Lucy Dunmore
prepares to take part in the
London Triathlon in memory of
her friend, Lauren Danks

Family Announcements

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SIMON DOBBIN COURT CASE

Jury is out in assault trial

JOSH THOMAS

@JoshThomasCN

THE jury has retired to consider its verdicts after the trial of the men accused of a pre-meditated attack on Cambridge United fan Simon Dobbin, which left him unable to walk or speak.

Mr Dobbin, from Mildenhall, was left with permanent brain damage after being "ambushed" following an away game in Southend. Mr Dobbin, 44, spent almost a year in hospital and has been left unable to walk or talk.

The trial of 12 men accused of involvement in the attack began in June. A 13th man, Rhys Pullen, 21, of Bridge Road, Wickford, has already pleaded guilty to violent disorder. All of the defendants deny conspiracy to commit violent disorder.

The jury retired on Monday to consider the evidence and to reach verdicts for each of the defendants.

The jury reconvened yesterday and at the time of going to press was still out.

Lewis Courtneil

Courtneil, 33, a fence installer, of Stadium Road, Southend, denies violent disorder. Judge David Pugh said: "The prosecution say Courtneil has previous convictions. The defence says the case is simply not proved. He's not seen on CCTV and any calls made featured no evidence of what happened, and that we can't be sure he was a participant, rather than a spectator."

Michael Shawyer

Shawyer, 30, a tiler, of Belgrave Road, Leigh-on-Sea, denies violent disorder. Judge Pugh said: "The prosecution say a flurry of calls took place just after the incident and it's no coincidence. Shawyer gave his name to the police and no injuries were observed. Mr Kevin Toomey (on behalf of Shawyer) referred to good character references. He says no one knows what Shawyer did there and you can conclude he wasn't at the Spread Eagle. Thus, there was no motive for him to get involved. Shawyer was no more than a

spectator, says Mr Toomey."

Matthew Petchey

Petchey, 24, a labourer, of Lascelles Gardens, Rochford, denies violent disorder. Judge Pugh said: "The defence say Mr Petchey said 'leave it, they don't want any trouble' when others were looking for Cambridge supporters. The defence says this is inconsistent with someone looking for trouble. The defence says you cannot be sure Petchey participated in violence. When the pub window is smashed, it's Petchey seen holding McGill back. His role, the defence say, is as a peacemaker."

Alexander Woods

Woods, 24, of Fairmead Avenue, Westcliff, denies violent disorder. Judge Pugh said: "In an interview, he said he 'thought' he had been outside, but didn't know why. You'll (the jury) have to decide whether that's credible given what took place. As for the injury to his hand, he said he had grazed it earlier that day and it's not necessarily consistent with violent disorder."

Philip McGill

McGill, 31, an electrician, of Hornby Avenue, Westcliff, denies violent disorder. Judge Pugh said: "The prosecution say his previous convictions show he has a propensity. Mr Harrison (in defence) said there is no evidence for where McGill was. He said it is speculation to say he must have been outside the Railway Tavern. There are no eye witnesses and no blood on his clothes or hands."

Thomas Randall

Randall, 21, a consumer credit employee, of Seaford Avenue, Southend, denies violent disorder. Judge Pugh said: "The prosecution say he sent a mes-

sage saying 'it's going to kick off. We're going to smash them.' The prosecution say he sent a message saying 'if he dies, my life is over' - this, they say, is an admission of his involvement. The defence say Randall has no previous convictions or cautions. The blood on his sleeve could have been caused by brushing against something.

"Victoria Meads (representing Randall) said the messages should be treated as banter. He accepts he threw a glass. He says he threw it on the floor. The defence say this is not a confession of involvement.

"He says he threw the glass on the floor for impact. You may wish to ask yourself what impact he was trying to achieve."

Greg Allen

Allen, 28, a painter, of Wellington Avenue, Westcliff, denies violent disorder. Judge Pugh said: "There's nothing in his phone contacts that would lead you to believe he had agreed to take part in an ambush. His actions, they say, are inconsistent with someone wanting to ambush Cambridge supporters. Mr Allen went out, defence say, to spectate and see what happened."

James Woods

Woods, 24, a chef, of Fairmead Avenue, Westcliff, denies violent disorder. Judge Pugh said: "He is seen on CCTV throwing a bottle and the prosecution say this amounts to violent disorder. He gave his name to the police and there were no signs of injury. The prosecution say CCTV in Station Approach is clear evidence of violent disorder. The defence say this is a man with no convictions or warnings against him. It was said by Mr Walsh on his behalf there's no evidence of any conspiracy. As to evidence of him throwing a bottle, he invites you to ask where the bottle was thrown and whether it was thrown at anybody."

Scott Nicholls

Nicholls, 40, a construction worker, of Little Spenders, Basil-don, denies violent disorder. The defence say there is no scientific evidence to link him to the



VICTIM:
Cambridge United fan Simon Dobbin



Ryan Carter

Carter, 20, unemployed, of York Road, Southend, denies violent disorder. Judge Pugh said: "The defence say the blood (on Carter's shoes) could have come from another source. They say you cannot from the exchange of messages draw the inference that the blood is from Mr Dobbin or that he participated in violent disorder.

"There is still a conspiracy charge. It is accepted Carter 'had the hump' about what happened at the Spread Eagle. The defence, though, says there is no telephone evidence. The defence says that, if Carter wanted revenge, why didn't he go out when Cambridge supporters were behaving aggressively?"

Jamie Chambers

Chambers, 22, unemployed, of Coleman Street, Southend, denies violent disorder. Judge Pugh said: "Chambers said he 'never laid a finger' on Dobbin, but said he had been involved in a fight earlier. The prosecution say Chambers' previous convictions show a propensity to this kind of offence. The defence say the case against Chambers is simply not proved."

Ian Young

Young, 41, of Brightwell Avenue, Westcliff, denies assisting a criminal offender by hiding them while police were conducting a search.

Judge Pugh said: "The defence say Mr Young has no previous convictions or warnings. Young didn't interact, say the defence.

"The defence say there's no evidence to suggest Young was trying to distract anyone. They said Courtneil followed him upstairs - he was not being helped by Young."

EDUCATION

Town 'has its school back' – report highlights turnaround

JASMINE WATKISS

@JasmineWatKissCN

A SECONDARY school is setting its sights on an 'outstanding' rating after moving from 'inadequate' to 'good' in three years.

Students and teachers at Newmarket Academy were joined by the CEO of the Samuel Ward Academy Trust, Howard Lay, to celebrate the school's 'good' Ofsted report, which was published on Friday.

After the last Ofsted inspection, in February 2013, the school was placed in special measures.

But in May this year, inspectors found every aspect of the school has been changed under its new leadership, and now has a "strong strategic direction".

The school has a new curriculum, new school day, new pastoral systems, new uniform, new systems to track student progress, and new partnerships with other schools and educational providers.

Newmarket Academy's principal Nick Froy said: "I am absolutely delighted with the outcome of the inspection."

"The comments of the inspectors and the report reflect the huge journey the school has made since the last inspection in February 2013.

"We are very grateful for the incredible hard work and achievements of every member of staff, governors, students, parents and carers and the entire community who have given the school so much support.

"I am thrilled that the inspectors agreed with our own self-evaluation and that we were graded as 'good' in all key categories. We are now ready to move to the next stage to ensure that Newmarket has an outstanding school at the heart of its community."

The latest Ofsted report said: "It is clear that Newmarket Academy has worked incredibly hard to create a school the community can be proud of and one in which the young people of Newmarket and the surrounding villages can come to, safe in the knowledge that they will be successful learners, confident individuals and responsible citizens."

"Students said 'they enjoy com-

ing to school and the staff care about them'."

The report also said Newmarket Academy students were "well-mannered and very respectful towards each other, adults and visitors", and "all students from their different starting points are making good progress".

Howard Lay, the CEO of the Samuel Ward Academy Trust, said: "To see a school move from 'inadequate' to 'good' in less than three years is a huge achievement.

"I would like to pay tribute to the students, staff, governors, parents and carers at Newmarket Academy who have kept faith and worked so hard, and to the wider community who have been so supportive."

"Newmarket is a very significant town in Suffolk that deserves a good secondary school at its heart. It has got its school back."

A full copy of the report can be viewed on the Ofsted website.



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DELIGHTED: Newmarket Academy principal Nick Froy with some of the students at the secondary school following the publication of the new Ofsted report

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ENVIRONMENT

Electric car charging points installed

ELECTRIC vehicle charging points have been installed in Haverhill to encourage local motorists to switch to the greener form of transport.

West Suffolk councils have invested in eight charging points across the region to encourage drivers to use electric or hybrid vehicles, which are better for the environment and cheaper to run.

Two points have been installed at the Guineas car park in Newmarket, two at the Ehringhausen Way car park in Haverhill and two at Ram Meadow car park in Bury St Edmunds.

Two existing chargers on level six of the Parkway multi-storey car park in Bury St Edmunds have been upgraded.

The charge points are operated by Chargemaster and users must set up an account with the company to use the facility.

West Suffolk councils also offer a Greener Business Grant.

The grant means the councils will match fund up to £1,000 towards the cost of an electric vehicle or company charge point.

Charging points across the UK can be found at zap-map.com.

POLICE

Could you fit the bill as a police detective?



ALISTAIR RYDER

[@AlistairRyderCN](https://twitter.com/AlistairRyderCN)

HAVE you got what it takes to be a detective constable?

Usually, when taking up the position of detective constable, the ideal candidate will have joined the police force as a uniformed police officer, working their way up the ranks.

Now, Suffolk Constabulary have launched a new initiative for those who want to join the police service as a detective constable, without having to climb up the job ladder to secure the position. Within six months of working alongside fellow detectives, the successful applicant could have worked their way up to the detective position in record time.

The force are now accepting applications in Newmarket and Haverhill, as well as across the entire Suffolk region, to take on this opportunity. And even better yet – no experience is required. However, personal experience, aptitude and other professional qualities will be

assessed to see if you are suitable for the position.

The selection process will involve a written application and a visit to the assessment centre. This will be followed by an exercise designed to test decision making, observation and report writing. Applicants successful at the final interview will undergo a medical assessment, fitness test and security check before a job offer will be made.

In addition to this, a diploma and two year probation period must be completed through work based activity and assessment.

Anyone interested in the position can find out more by attending an open evening at 6pm on Thursday, July 20, at the Assembly Hall, Suffolk Constabulary Police Headquarters, Martlesham Heath, Ipswich, IP5 3QS. You don't need to book in advance to attend, just turn up on the day.

Head of Safeguarding and Investigations, Detective Chief Superintendent Simon Parkes said: "It is in no-one's interests to recruit individuals who cannot meet the standards we demand of our detectives. Successful applicants will

have to demonstrate strong communication and decision-making skills. They are required to be team players and have leadership qualities. Integrity, resilience and a strong belief in public service is essential. The process has to produce credible detectives."

Suffolk's Police and Crime Commissioner Tim Passmore said: "I'm really pleased to see Suffolk Constabulary leading the way as this campaign to recruit police officers specifically as detectives is very innovative and is absolutely right for Suffolk."

"Policing is a fantastic career with a wide range of disciplines and opportunities. I hope this campaign will encourage a wide range of talented people to apply and I look forward to seeing the successful candidates making a start."

The pathway for successful applicants would see them start their training in October/November this year with the initial student course lasting 10 weeks before being tutored operationally. They will have continued professional development through mentoring and coaching.



INNOVATIVE: Suffolk's Police and Crime Commissioner Tim Passmore is backing the recruitment scheme

To apply for this position, go to the Suffolk Constabulary website. Application packs must be filled in by Friday, August 4.



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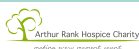
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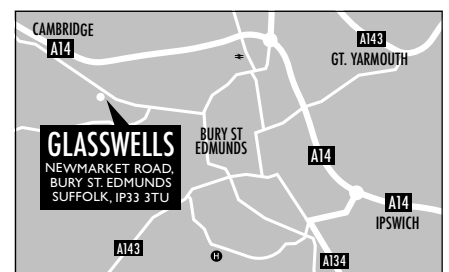
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HEALTH

City medical expert 'backing aid for Charlie'

A MEDICAL expert from Cambridge is reported to have backed a call to try a potential treatment in America for terminally ill baby Charlie Gard.

Charlie's parents, appearing at the High Court, were yesterday given 48 hours to produce new evidence on how the experimental treatment could improve Charlie's brain condition. The child's fate will then be decided on Thursday.

Parents Connie Yates and Chris Gard, both in their 30s and from west London, want to take Charlie to a hospital in America, but lost a lengthy legal battle after judges ruled in favour of doctors at Great Ormond Street, who argued the treatment would not improve the child's quality of life.

Seven doctors have signed a letter to Great Ormond Street Hospital saying that the US treatment might help – including the Cambridge expert, who is reported to work for a leading medical research organisation in the city.

Charlie is suffering from a rare form of mitochondrial disease, RRM2B deficiency, which causes a wide range of disabilities.

The letter says the therapy is still at an experimental stage and that more tests are needed, but says "... there is insufficient time to perform these studies to justify treatment for Charlie Gard".

It adds that "reconsideration of treatment for Charlie Gard is respectfully advocated".

The disease affects cells responsible for energy production and respiration and leaves Charlie unable to move or breathe without a ventilator.

TRIBUTE

Tragic A1307 couple are 'joined now at rest'

THE grandson of an elderly couple killed in a tragic road accident has said his grandparents will forever be in his family's thoughts.

Reginald and Maria Towers, aged 75 and 71 respectively, of Palmers Close, Linton, died after their car spun out of control across the A1307 in Park Hill, Horseheath, and into oncoming traffic on January 9.

Last week, a coroner concluded a "momentary lapse of concentration" led to the collision and the couple died of multiple injuries. They had been married for 50 years.

Aaron Law, 29, from Newmarket, said his family drew comfort from knowing the grandparents were "joined at rest".

He told the *News*: "The heart-rending and most tragic of events that led to the death of my grandparents will forever remain within our thoughts."

"Both Nan and Grandad were very much loved by all of the family and by members of their community."

"As our family continue the painful process of which we grieve, we also take great comfort in knowing that they are joined now at rest, to-

TOM PILGRIM

@TomPilgrimCN

gether.

"The A1307 will bring great sorrow as we continue our daily lives and we hope that released details relating to the accident will remind all road users to remain vigilant at all times."

"On behalf of myself and my family I would like to express our sincerest of gratitude for the efforts of all NHS personnel, the East Anglian Air Ambulance and Chris-Rowley Smith, Family Liaison Office, Cambridgeshire."

Closing the inquest last week the coroner offered his condolences to the couple's family.

He said: "It's a deeply tragic situation. I deal with a lot of accidents [with] that momentary lapse of concentration."

REMEMBERED: Reginald and Maria Towers, who died in a crash on the A1307



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It pays to recycle in East Cambridgeshire

June prize draw winners!

June Prize Winners

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A big thank you for all those that took part. Please monitor the council's web site for new schemes and advice on recycling. And remember Keep Recycling!

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All prizes are in High Street Shopping Vouchers that are accepted at over 20,000 UK stores. 3rd prizes will be posted, 1st & 2nd prizes will be hand delivered.

The draw ran for 2 years until June 2017. It was entirely grant funded so at nil cost to East Cambridgeshire District Council.

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Plenty to fill the summer holidays without even leaving Burwell.

With the school holidays almost here, parents are looking for things to keep their children busy and what better than to have a museum and windmill right in the village that has a great program of events lasting all summer.

It all starts on July 27th with a Board Game Bonanza. A treat for the whole family with retro and childhood favourites a plenty. Wizard chess, real snakes and ladders, mouse trap and Burwell monopoly to name a few. There are plenty of refreshments in the tea room and a chance to make your own board game. To top it off, why not also visit the Burwell schools exhibition that runs until the 7th September. This is a drop in session and child museum admission applies. One accompanying adult half price with a participating child.

If history is more your thing, hop on board the London-Burwell express train to the tear 1940 and enjoy an afternoon as a war evacuee. On August 3rd between 2-5pm you can enjoy an afternoon visiting a wartime house, play games, do wartime chores and try some wartime food.

Who doesn't remember a summertime craze that seemed like the best thing ever one minute and forgotten about the next? On August 10th, bring your children for a bounce on a space hopper, try tie-dyeing and learn dance crazes from the past. There is also a comic book artist there to teach you how to draw your own crazy cartoons.

August 17th is Victorian Crafts and Inventions Day. Try your hand at a range of crafts and pastimes from yesteryear

including silhouettes and moving toys. Join the engineer to explore and create inventions inspired by the Victorians.

All the mentioned activities are operated as drop in sessions between 2pm and 5pm and child museum admission applies. One accompanying adult is half price with a participating child.

For more information, call Burwell Museum on **01638 605544** or visit their website at www.burwellmuseum.org.uk



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#CamB2B

VISIT THE LATEST EXHIBITION BY JACQUIE JONES.

Renowned Newmarket equestrian artist Jacquie Jones is back at the Best Western Heath Court Hotel with her latest exhibition entitled *Silks and Feathers* which depicts the glamour of Ladies' Day and is perfect timing as it opens on the first day of the Moët & Chandon July Festival. The exhibition will

feature 40 paintings, one of which will be presented to the race-goer crowned Best Dressed Lady. Flamboyant artist, Jacquie Jones says, "I love the colour and glamour of the women on Ladies' Day and I have reflected this in my work alongside the elegance and beauty of the thoroughbreds".

Come to view
"Silks and Feathers"
on Thursday 13th
between 7pm and 10pm,
and Friday & Saturday
11am - 8pm at
the Best Western Heath
Court Hotel, Moulton Road,
Newmarket, CB8 8DY.
Free entrance.

For more information,
visit www.jacquiejones.co.uk



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School's Out for Summer

SCHOOL'S OUT FOR SUMMER, AND YOU DON'T NEED TO FLY ABROAD FOR THE BEST HOLIDAY THRILLS- RIGHT HERE IN NEWMARKET, THERE ARE PLENTY OF AWESOME ACTIVITIES FOR THE WHOLE FAMILY THAT YOU CAN TAKE PART IN BEFORE CLASSES START AGAIN IN SEPTEMBER.

If you like to be beside the seaside, then you don't need to make the journey to the coast, as Love Newmarket BID are bringing all the fun of the beach to Newmarket.

The Life's a Beach event will be taking place on Saturday, 22nd July, between 10am and 4pm in the town centre. It's the only day in the year where you'll be whisked away to a sandy beach beneath the clock tower, or go surfing at the Guineas shopping centre. There will also be a wide array of traditional beachside entertainment, ranging from British classics like Punch and Judy performances, to more exotic treats including samba dancing. If you fancy a bite to eat, there will be an ice cream van, a milk shake shack offering food and drink to satisfy even the hungriest sandcastle builders, cockles and muscles from

FISH Burwell and many other street stalls all set up to give you seaside inspired fun.

Finally, if you spend some time taking a selfie with Love Newmarket BID's giant deckchair, you will be able to enter a competition to bag £100. You can also make the magic of the day live on by getting the photos printed at MyFotoShop on the High Street, who are offering a 50% discount on all Life's A Beach associated photographs taken and processed on the day.

Check out lovenewmarket.co.uk, or the Love Newmarket BID Facebook and twitter pages for more information.

The whole family will also enjoy a visit to the National Stud. Families can receive guided tours of the stud, which will help visitors learn more about

what goes on behind the scenes of a stud farm. On this tour, you'll be able to meet a Shetland pony, as well as learn about the interesting history of the Stud itself, as well as some of the champion horses produced here.

If you just fancy a bite to eat, the Stud café is open daily- and you don't need to take a tour of the grounds in order to visit. Located in a picturesque location opposite the Devil's Dyke, you can treat yourself to one of the hot daily specials cooked up by the team in store. If this wasn't enough, the Stud is also home to a gift shop where you can find the perfect present too.

For more information the National Stud, visit nationalstud.co.uk.



LIFE'S A BEACH



Love
Newmarket
Business Improvement District

Saturday
22nd July 2017
10am - 4.00pm

FREE EVENTS

Urban Beach
Giant Deckchair
Punch & Judy
Surf Simulator
Samba Dance & Music
Street Performers
Fortune Teller

Prize of £100 with
the Selfie competition
#Nktbeach
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*Treat yourself
from the...
Ice Cream Van
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*These attractions are subject to charges

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meet our latest recruit, Treacle the Shetland pony!*

Treat the family to a guided tour of The National Stud on our bus and pop in Wavertrees Coffee Shop before or after your tour for breakfast, lunch or a slice of our homemade bakewell tart. Kids menu available.

Keep an eye out for our summer holiday offers,
including our colouring in competition!

Tours bookable through Discover
Newmarket on **03447489200**.

To contact the Coffee Shop call
01638 666789.

Plenty of parking on site and
free wi-fi available.



THE NATIONAL STUD
Part of The Jockey Club

GETAWAY

I'm standing in a freezing cold storage room holding a lobster the size of a toddler. A wave of guilt flows over me as I know in approximately five minutes time, I will be demolishing a dish featuring one of this chap's seafaring pals.

I'm in the famous lobster pound, Hall's Harbour, on the north coast of Nova Scotia. It's not remotely glamorous, but it is just the way my trip should end – attempting to devour a giant portion of lobster macaroni cheese before I head off to the airport with the leftovers safely tucked in my backpack.

It was the freshest seafood I'd had all week, and that was truly saying something.

You see, fresh seafood and locally sourced and distilled drinks had been at the heart of my travels along the Lighthouse Route as the waves gently lapped the shores.

I had stayed in the Halliburton in Halifax, the gorgeously quaint sort of guest house you might expect to find in the Cotswolds.

Its in-house restaurant, Stories, is intimate and cute and was ideal for me to unwind with a glass of Nova Scotian wine.

I have always been one to embrace my solitude, and the only thing that has ever put me off is the fear of not feeling safe. Whether taking an evening stroll on the beach at White Point or enjoying a drink at the bar in Lunenburg alone, not once did I feel unwelcome or unsafe.

There's no better place to explore on your own, with inquisitive locals to talk to long into the night and harbour towns to wander through.

My days in Halifax were taken up by dipping in an out of street food markets, gawping at the huge cruise ships in the dock, sampling JD Shore rum at Halifax Distilling Co. and embarking on a food-tasting tour run by SoMo (concentrating on the area South of Morris Street – hence the name).

My guide blended anecdotes about Halifax's rich culinary heritage while walking the streets to sample local delicacies such as macarons and stone-baked pizza.

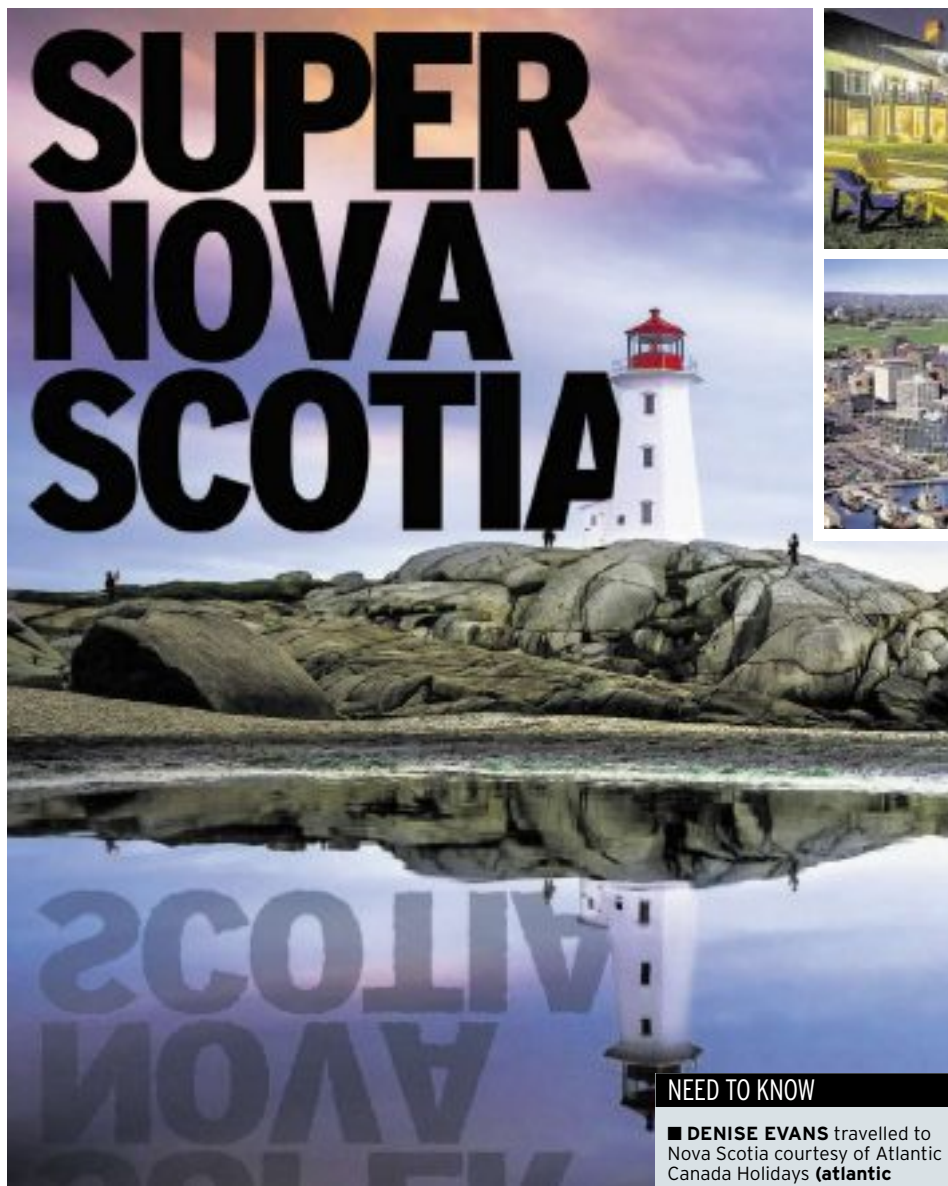
To round off my foodie day, I ate at one of Halifax's most exclusive seafood restaurants – Five Fisherman – and it was fins-down my favourite meal of the trip. The service, the flavours, the gothic stained glass windows, the wine menu... it was glorious.

I still dream about about the coldwater crab and sea bass.

You must drive the Lighthouse Route – it's route three – if you're travelling up the south coast. Every turn has an award-winning photograph waiting to be taken.

Peggy's Cove – one of Nova Scotia's most striking and popular attractions – boasts some of the most jaw-dropping views of the bay.

If you visit the area in late September, venture through Mahone Bay to experience the Scarecrow Festival. The detail and effort put into creating full-sized (albeit stuffed full of straw)



DENISE EVANS samples the picture postcard scenery and sumptuous seafood of Nova Scotia, while exploring this stunning corner of Canada

versions of the British Royal Family, Disney princesses and film characters is brilliantly bonkers.

Harbour town Lunenburg, meanwhile, looks like a toy town with its steep narrow streets, pastel-coloured houses and pirate ship-like boats.

For a small place, there's plenty to do, including a stop at the Ironworks Vodka Distillery, where flavoured spirits are made on site for you to taste. It's also brimming with history and heritage, with walking tours available.

My suite at Brigantine Inn and Suites had a panoramic view over the

harbour and its restaurant and lively bar. It felt like a real hub for the locals, serving fresh food, ale and playing sports on widescreen TVs.

Further up the coast was the White Point Beach Resort. The Hamptons-esque main lodge was devastated by fire in 2011 but has been brought back to life with hand-crafted wooden features.

It's worth it just to see the beach-side sunset, as the tree-lined bay bends into the distance and white sand settles between your toes.

The resort also boasts a gym,



White Point Beach Resort



Halifax Harbour

watersports, nature trails, indoor and outdoor pools, a spa and – nestled within the forest – log cabins. It's a tranquil location and was the first time on the trip I'd wished I had a group of friends with me to set up a camp fire and toast marshmallows.

Following a pit-stop in pretty Liverpool to see the Fort Point Lighthouse, I journeyed north via the beautiful Kejii National Park, to University town Wolfville in the Annapolis Valley.

This is the heartland of Nova Scotian wineries and vineyards. I took a Grape Escapes wine tour, with transport, a guide, wine tasting and a meal at the 19th century Blomidon Inn all included in the price.

The Planter's Barracks Country Inn was the epitome of luxury, with a stand-alone bath, a bed you can get lost in and classy décor – and that was before I experienced host Chris' Michelin-standard breakfast.

Most wineries have their own restaurants and I enjoyed my final lunch at Le Caveau, unable to resist a small glass of L'Acadie Blanc (Tidal Bay was my pick) before heading to Hall's Harbour.

I may have stamped off a huge chunk of items in my paper Good Cheer Trail 'passport', handed to me by the tourism board upon my arrival. But my best stamp of all was in my real life passport, saying I had experienced a fascinating, vibrant and welcoming place I dream of returning to someday.

NEED TO KNOW

■ **DENISE EVANS** travelled to Nova Scotia courtesy of Atlantic Canada Holidays (atlanticcanadaholiday.co.uk) and Nova Scotia Tourism (novascotia.com).

■ Flights with Air Canada (aircanada.com) start from £1,116.



Lunenburg's technicolour streetscapes

The Province of Nova Scotia is the world's largest exporter of Christmas trees



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female seeking

REMEMBER: Calls cost £1.55 per minute plus your phone company's access charge. Texts cost £1.50 per message received.

ANGELA seeking a male, 65-70 and above, free minded and free spirited, likes eating in and out, travelling and going to the theatre. Tel No: 0906 515 4438 Box No: 427701

KATIE 35yrs, slender well educated brunette seeks no strings mutual pleasure with gent 40+ Must be discreet, married or single. ACA. Tel: 0906 515 3000 Box 419673

GENUINE Cambridgeshire lady, 73, blonde, 5ft2, caring, active, enjoys country walks, gardening, eating out and cinema, seeking genuine, caring gentleman to share the same interests. Tel No: 0906 515 4438 Box No: 421989

JANE, young 41, very broadminded seeks chap any age for discreet no strings fun, any age, no time wasters ACA. Tel: 0906 515 3000 Box: 409715

SOPHIA young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. Tel: 0906 515 3016 Box: 413399

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ATTRACTIVE lady, 57yrs, great sense of humour, now looking for good times and good memories. Hoping to meet gent any age. ACA. Tel No: 0906 515 4438 Box No: 427883

GEMMA, 25yrs, green eyed brunette lady, loves to read raunchy books so has a huge imagination, hoping to expand upon it in real life. Call me. ACA. Tel No: 0906 515 4438 Box No: 427881

EMILY, mature well educated lady, blonde and smart and broadminded seeks gent any age for no strings fun. ACA. Tel: 0906 515 3020 Box 421375

ATTRACTIVE lonely widow, mid 70s seeking gent for friendship. Pls call or text. Tel No: 0906 515 4438 Box No: 427879

TAMIKA, mature black beauty, hourglass figure and open minded. Pls call if you are discreet, broad minded and nice. I can travel and accommodate. ACA. Tel: 0906 515 3004 Box 422365

STUNNINGLY attractive black lady, 50s, with blissful imagination, you have to call to hear what's on offer, you won't be sorry!! Tel No: 0906 515 4438 Box No: 427877

SAMANTHA, 35yrs, attractive brunette with own business, seeks adventurous gent for casual relationship. Tel: 0906 515 3032 Box 425979

HARRIETT 42yrs, blue eyed brunette with long legs and decent curves! Looking for a cheeky adventurous man for fun only. I live alone so can accommodate and can travel. Discretion assured. ACA. Give me a try. Tel: 0906 515 3028 Box 426205

ATTRACTIVE lady, 51yrs, loves the countryside, walking, fun times. WLTm a genuine man for romance, relationship. Call or text me. ACA. Tel No: 0906 515 4438 Box No: 427875

CARMEL, open minded naughty lady seeks a broad minded strict man to unleash her wilder side. Age/looks unimportant but no time wasters please. Tel: 0906 515 3040 Box 426851

RACHAEL, 42yrs, naughty girl who needs lots of pleasure. Call me. ACA. Tel No: 0906 515 4438 Box No: 427871

CAROLINE, 42yrs, well educated, sophisticated "some call me posh" married lady, looking for no strings midweek liaisons. Tel: 0906 515 3024 Box 427533

JASMINE, Petite Black lady 51yrs, varied interests. Seeking white man for relationship. Looks unimportant. ACA. Tel No: 0906 515 4438 Box No: 427657

PIA, Asian lady, 57yrs, very caring and a little subservient and quiet. I am a good cook and loyal friend. Pls text me if you are kind man 55+ Text Only. Mailbox 4013378

MATURE lady, slim and youthful, divorcee, loves laughter, life and everything. WLTm gent for continued fun and passion. Tel No: 0906 515 4438 Box No: 427655

NATALIA, black beauty! I am late 50s but still fit with a good figure and lovely skin and eyes. I would like to meet a nice white gentleman, older than myself for chats, maybe more. Text Only. Mailbox 4107799

CATHY, 54yr old widow, I'm kind and warm hearted and hoping you will call me. Looks unimportant must have GSOH. Tel No: 0906 515 4438 Box No: 427653

JULIE, 68yrs but very fit and young looking. Married to an older gent so hoping to meet someone much much younger. Text Me. Text Only: 4193435

JANE, attractive 50 something lady. I love to cook and care for my man. Is that you? ACA. Tel No: 0906 515 4438 Box No: 427651

KAREN, late 50's seeking discreet gent any age/area for daytime meetings. Text Only. Box: 4194757

SONIA, mature lady, pretty and feminine with fair hair. Loves to socialise, walking, car boot sales and more. ACA. Tel No: 0906 515 4438 Box No: 427647

FELICITY, "my friends call me posh" I'm not really. Call me to see. I'm 58yrs, curvy, blonde extensions and very good for my age. ACA. Text Only. Box: 4043583

JANE 55yrs romantic homely lady, hoping to meet a man for outings, to cook and care for. You won't be sorry if you call. ACA. Tel No: 0906 515 4438 Box No: 427645

CULTURED lady with wicked sense of humour, late 60s seeking humorous man for purposeful relationship. Tel No: 0906 515 4438 Box No: 427875

JANET, late 40's divorcee, own home and car looking to spice up my life with some fun. Discreet men only please. I'm not ready for a full on relationship, casual chats. Text Only. Box: 4189331

HELLO I'm 47yrs old, I'm a curvy brunette, varied interests with GSOH, hard working and solvent. WLTm gent taller than me. 5ft3. Tel No: 0906 515 4438 Box No: 427637

ATTRACTIVE Irish lady, 34yrs seek gent of any age. I'm caring, attractive with lots of offer, call to hear more. Tel No: 0906 515 4438 Box No: 427637

PAMELA early 70s with softly rounded body! If you are a tender male with passion then call or text me. Tel No: 0906 515 4438 Box No: 427635

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HELLO I am a black lady, 60yrs young with a great personality and lovely looks. Call if you are looking to meet someone like me, or text me. ACA. Tel No: 0906 515 4438 Box No: 427585

DEBBIE, young looking 49yrs, pretty brunette lady with lots to offer. If you are interested in a meeting a lady like me then please call me. Tel No: 0906 515 4438 Box No: 427611

MICHELLE, 28yrs blue eyed blonde with busty figure. I'm very mature for my age and hope to meet a man to care for. I'm willing to please. Call or text me and I will get straight back to you. Tel No: 0906 515 4438 Box No: 427649

BECKY, 30 something lady. Full of laughter, very open minded and discreet. Hoping to meet similar minded gent who is older than me. Tel No: 0906 515 4438 Box No: 427495

male seeking

TALL, slim, caring, kind, 48-year-old guy, seeks Asian female for LTR. Tel No: 0906 515 4438 Box No: 426879

OPEN minded, male, early 70s, seeks similar lady for friendship, days out, special interests and maybe more. Tel No: 0906 515 4438 Box No: 426879

MALE, 72, smart, fit, enjoys life, country walks and the coast, pub lunches, fun to be with, seeks similar female, Cambridge/Suffolk/Norfolk areas preferred. Tel No: 0906 515 4438 Box No: 422995

KIND male, 50s, enjoys cinema, eating out, live concerts, travel, WLTm loving lady, 38-55, for LTR. Tel No: 0906 515 4438 Box No: 425795

MALE 62 looking for a lady 45-55 for relationship must be kind, considerate and affectionate. I enjoy most things in life. Text only. Mailbox: 5780167

CARING loving guy looking for a lady to enjoy good times with. Text only. Mailbox: 5783640

MALE 60's kind and caring, GSOH, n/s, seeks similar female for lots of love laughter and happy times and hopefully LTR. Text only. Mailbox: 4631948

ANTHONY, still firing on all cylinders, non-drinker/smoker, but looking for that wild woman! Maybe that is you? Text only. Mailbox: 5766252

MALE 63, 5'10, med build, easy going, looking for female, 18-65, for adult and fun times. Text only. Mailbox: 5561333

MARTIN 59, GSOH, kind and caring, looking for a kind lady any age, looks not important. I am very romantic. Text only. Mailbox: 5680076

MALE, 70s, looking for a pretty girl who may be interested in adult fun & games, aged between 40-70. Must be broad-minded. Text only. Mailbox: 5638536

CHRIS, 49yrs honest gent seeks lady 45-55 for socialising, friendship, maybe leading to romance. Tel No: 0906 515 4438 Box No: 425345

PETER, sincere solvent gent 70s seeks lady to wine dine, foreign travel, all expenses paid. I would love a travelling companion. Genuine advertiser. Tel No: 0906 515 4438 Box No: 425343

MALCOLM, 60 something gent, own hair and teeth, GSOH, genuine and Kind WLTm sincere lady to wine and dine. Please call. Tel No: 0906 515 4438 Box No: 425335

BILL, 67yrs, 5ft 11ins, very fit and active, looking for a slim petite lady, reasonably attractive, 40-60, for friendship, probably leading to a relationship and fun times. Tel No: 0906 515 4438 Box No: 426353

DAVID, 70s, n/s, medium height/build, young at heart, kind and caring, seeks lady with time to share life's pleasures. Tel No: 0906 515 4438 Box No: 425033

MALE looking for a lady 40-60 yrs old who enjoys meals out and in, and snuggle up indoors with a bottle of wine. Text only. Mailbox: 5444500

TERRY, 51, very kind male, enjoys cinema, eating out, live concerts, travel, WLTm loving lady, 38-55, for LTR. Tel No: 0906 515 4438 Box No: 423945

KIND male, 50s, enjoys cinema, eating out, live concerts, travel, WLTm loving lady, 38-55, for LTR. Tel No: 0906 515 4438 Box No: 425795

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MALCOLM, 60 something gent, own hair and teeth, GSOH, genuine and Kind WLTm sincere lady to wine and dine. Please call. Tel No: 0906 515 4438 Box No: 425335

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WHITE male 65, looking for a female, married or single of any nationality for some genuine discreet adult fun. Any age. Text only. Mailbox: 5669789

Bl guy 57 looking for bl guy or cd TV any age for friendship and fun. Text only. Mailbox: 5614948

YOUNG, lean, athletic male, seeks elderly gentleman for nice walks in the park. Tel No: 0906 515 4438 Box No: 420761

SINGLE male, likes mopeds, seeks elderly gent for rides in the countryside. Tel No: 0906 515 4438 Box No: 415223

MALE WLTm smart, mature CD/bl male for fun. Tel No: 0906 515 4438 Box No: 414667

MATTHEW seeking nice elderly gent to spoil me. Tel No: 0906 515 4438 Box No: 414739

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FOOD & DRINK

It couldn't **Bee** easier to improve your wellbeing

Sally Bee changed her life-style after suffering five heart attacks. **MARION McMULLEN** finds out why everyone from Michelle Obama to Lorraine Kelly are fans of her cooking and approach to health



CAKE MY DAY

**SUMMER
STRAWBERRY CAKE
(SERVES 12)**

INGREDIENTS

Butter for greasing
150g soft butter (or olive oil spread works well)
100g light muscovado sugar
1tsp vanilla extract
2 eggs
200g self raising flour
90g plain flour
150g low fat Greek yogurt
250g fresh or frozen strawberries (thawed if frozen), halved
1tbsp Demerara sugar
icing sugar, to dust

METHOD

1. Pre-heat the oven to 180°C/fan 160°C/gas 4. Grease a 20cm round springform cake tin and then line with baking paper.
2. Put the soft butter or olive oil spread, muscovado sugar, vanilla extract, eggs, both flours and yoghurt in a large mixing bowl and beat with an

electric mixer until the mixture is smooth.

3. Spoon the mixture into the prepared tin, and smooth down.

4. Decorate the top with the strawberries and sprinkle with the Demerara sugar

5. Place in the oven and bake for one hour or until a skewer inserted into the middle of the cake comes out clean.

6. Leave the cake to cool in the tin for 10 minutes, then turn out on to a cake stand or serving plate.

7. Dust the cake with the icing sugar, cut into slices and serve warm.

DOCTORS told Sally Bee's family to say goodbye when a rare heart condition caused her to suffer three heart attacks in a single week.

She was 36, and medical staff warned that it was impossible for her to live with the devastating damage her heart had sustained.

But Sally survived and continued to thrive until 12 years later she suffered another two heart attacks. Yet again, her lifestyle, food, thought and movement helped her survive and recover.

Today, she continues to glow with health and says her doctors are amazed by her resilience and believe that her lifestyle is keeping her alive.

The best-selling author and motivational TV chef passes on her life-saving information to others in her new book, *Beelicious*.

Former First Lady Michelle Obama is one of Sally's biggest fans and bought six copies of her earlier book *The Secret Ingredient* to give as gifts to her family, and best-seller *The Bikini Promise* was launched on Lorraine Kelly's ITV daytime show.

Lorraine says: "Sally is living proof that her approach to health and wellbeing really works."

Beelicious offers fad-free

seasonal recipes along with personal wellbeing journals and advice from Sally.

The mum-of-three says: "Each of us has the power to shape our future. By eating well, you can support your body and help it to function better and for longer."

"You can protect your body so if and when disaster strikes, you are better placed to survive and recover."

"It's not just about food. It starts with food and includes being aware of your thoughts and attitude to life."

"We can all make big plans and reach for the stars, but that can only happen when you deal with the small steps every day and do the best you can."

■ *Beelicious - Your Journal To Wellness* is published by A Way With Media Ltd, priced £20.



Sally Bee in the kitchen, left, and the cover of her new book *Beelicious*

I MAKE an annual trip which I enjoy very much, akin to the old Wakes' Weeks in Lancashire (my roots people, my roots) when once a year half the population would pack up and disappear to Blackpool and paddle and flirt.

My annual trip is a visit to the wine people at the Co-operative when they highlight some of their latest releases.

Here are two reds and two whites all under a tenner; other picks I'll share now and again as the weeks roll on by.

■ **Kumala Fairtrade Pinotage Shiraz (£6.99, 12.5% abv):** Hot off the press, the Co-op has worked with Kumala to create this new fairtrade pinotage and shiraz blend. The Co-op is the world's biggest Fairtrade wine retailer and sales of the

RAISE A GLASS

WITH JANE CLARE



wine will support investment into farming communities in the Western Cape.

What of the wine? Well I need a bit of persuasion with South African pinotage, but this blend is nice; the wine is ruby red, has ripe red fruits and strawberries on the nose, with pepper spice tingling away.

■ **Muriel Tempranillo Rioja 2014 (£8.49, 13.5% abv)** is a red I loved, with its sweet woody nose, tumbling cherry and strawberry aromas and a good balance of weight, fruit

and acidity. It hums of sweet spice and vanilla and is a wine which is confident in itself. It would be proud to look in the mirror and say 'Hey, I'm very elegant'. Look - I write these notes when I'm in the moment. Stick with me.

■ **Vanita Grillo 2016 (£6.99, 13% abv)** was my favourite white wine - and also that of my guide, wine buyer Ben Cahill. It hails from Sicily and has a tremendous rush of grapefruit and lemon and lime aromas. In the mouth there's a thrill of citrus and acidity from start to finish - the wine has weight, it's not a fly-by-night white which your tastebuds will forget in an instant.

■ **Vinho Verde 2016 (£5.99,**



9.5% abv): This is a gentle spritzly little thing and as vinho verde goes, it is spritzier than most. These young wines from Portugal aren't made as traditional fizzy wines, but the carbon dioxide created in the fermentation can still be present, causing a wobble of a bubble. I won't bore you with geekiness but I'll simply say I'd love to sip this gently sparkling fresh white wine in the garden and enjoy its pretty citrus summer vibe.

■ **In other news...** I should give a Wimbledon nod to strawberries and fizzy things. If it helps, Sainsbury's tell me they commissioned a flavour expert to reveal the best drinks pairings

for top strawberry varieties.

Professor Barry Smith used scientific methods to pair the flavour components of the different berries and sparkling wines and one of the most successful pairings he found was **Sainsbury's Taste the Difference Crémant de Loire (RRP £11)** with the Murano strawberry. Now I don't know one strawberry from the other but I can tell you that the crémant is indeed very nice with fizzy shimmers which pop with citrus together with a hint of creaminess.

It's made in the same way as champagne, so that's game set and match to your purse.

■ You can email me on jane@onefootinthegrapes.co.uk

INGREDIENTS

Grated zest of 1 lemon
A handful of fresh
parsley, chopped
4tbsps extra virgin
olive oil
Freshly ground black
pepper, to taste
600g fresh cod fillets,
skinless, cut into
eight pieces
8 slices of pancetta
For the vegetables:
600g broccoli, cut
into florets
3 carrots, peeled and
sliced
1 clove garlic, grated
Knob of butter
Pinch of sea salt
Freshly ground black
pepper

METHOD

1. Pre-heat the oven to 220°C/fan 200°C/gas 7 and line a baking tray with greaseproof paper.
2. Mix the lemon zest with the chopped parsley and olive oil and season well with black pepper. Dip each piece of fish in the herby oil.
3. Wrap a slice of pancetta around each piece of fish

**FISH, BASH BOSH**

**FISH AND PANCETTA
WRAPS WITH BROCCOLI
(SERVES 4)**

half a cup of boiling water, just so that it sits at the bottom of the pan but doesn't cover all the vegetables. Also add the knob of butter, the grated garlic and a pinch of sea salt and black pepper.

6. Combine well, put the lid on and steam/

boil for eight minutes, checking half way through that there is still water in the bottom of the pan.

7. Drain the veggies, and divide between four plates and serve each plate topped with two pancetta-wrapped fish pieces.

and place them on the prepared baking tray.
4. Bake for 10–12 minutes, or until the fish has turned opaque and is cooked through.
5. Meanwhile, pop the sliced carrots and broccoli florets in a large lidded saucepan. Add

INGREDIENTS

1tbsp extra virgin olive oil
1 onion, diced
2 garlic cloves, crushed
2tbsp chipotle paste
2tbsp tomato purée
1tbsp red wine vinegar
1tsp smoked paprika
1tbsp runny honey
4 skinless chicken breast portions
Hot, low salt chicken stock
For the crunchy coleslaw:
¼ small white cabbage, sliced
¼ small red cabbage, sliced
2 carrots, shredded
1 red onion, finely sliced
1tbsp mayonnaise
2tbsp Greek yoghurt
Handful parsley, finely chopped
Handful chives, finely chopped
To serve:
4 corn tortillas, warmed

METHOD

1. Using a large non-stick, lidded saucepan, heat the olive oil and fry the onion

**SIGHT FOR SLAW EYES**

**CHIPOTLE SLOW COOKED
CHICKEN WITH CRUNCHY
COLESLAW (SERVES 4)**

and simmer for 40 minutes.

4. Meanwhile, to make the crunchy coleslaw, mix the cabbages, carrot and red onion.

5. Stir in the mayo, yoghurt, chopped parsley and chives and season with freshly ground black pepper. Set aside.

6. After 40 minutes of cooking, lift the chicken out of the pan and using a stick blender, whizz up the sauce until smooth.

7. Simmer uncovered for eight to 10 minutes until nicely thickened.

8. Fill the warmed tortillas with the chicken and coleslaw, wrap up and enjoy.

and garlic for five minutes until soft.

2. Stir in the chipotle paste and tomato purée, red wine vinegar, runny honey and smoked paprika.

3. Add the chicken breasts and pour in enough chicken stock to just cover everything. Pop the lid on

NEWMARKET

news

Reader Offers

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- Four-course lunch on Christmas Day
- Five-course candlelit dinner including one glass of wine or beer, and live music on Christmas Day
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- Four nights' four-star half-board hotel accommodation at the Caprici Verd Hotel in Santa Susanna
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- Escorted by a friendly tour manager



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BOOKSHELF

Former world number one and bad boy of tennis John McEnroe claims he's mellowed - but not completely. He tells **HANNAH STEPHENSON** about fatherhood, fame and love second time around

HE USED to be known for his on-court rages, coining the phrase 'You cannot be serious!' at a Wimbledon umpire in 1981, a line which became as connected to him as his numerous tennis victories.

More than 35 years on, John McEnroe, three-times Wimbledon singles champion and respected BBC commentator, is still courting controversy.

First he said Andy Murray was a 'distant fourth' behind the three main rivals in the Scot's career, Novak Djokovic, Roger Federer and Rafael Nadal, and most recently declared Serena Williams would be ranked '700 in the world' if she had to play on the men's circuit.

Yep, still causing a stir - but he's long since learned to volley away criticism and serve up some self-deprecating humour.

"I'm not mellow compared to the average person, but I'm certainly a lot mellow than I was," he says, gazing out of the window towards the Thames and the Shard, as we sit in his publisher's offices.

He's promoting his second autobiography, *But Seriously*. His first, 2003's *Serious*, charted his childhood and early days of tennis - which progressed to seven Grand Slam singles titles, the 'Superbrat' reputation and a tumultuous eight-year marriage to actress Tatum O'Neal, marred by her addiction battles, his hot temper and a prolonged custody battle for their three children.

Now, the follow-up deals with his struggles to reinvent himself as a father, art collector, musician and broadcaster, his relationship with second wife Patty Smyth, and his efforts to be the best father he could to his six children (he has another two daughters and a step-daughter with Patty).

By his own admission, he's been a strict disciplinarian, which hasn't always gone down well.

"If you asked some of my kids, they wouldn't say I'm mellow. I find it ironic that I'm the one more often than not calming Patty down. If you don't mature and mellow and have a better overview and perspective of things at 58, you are going to be a kid your entire life."

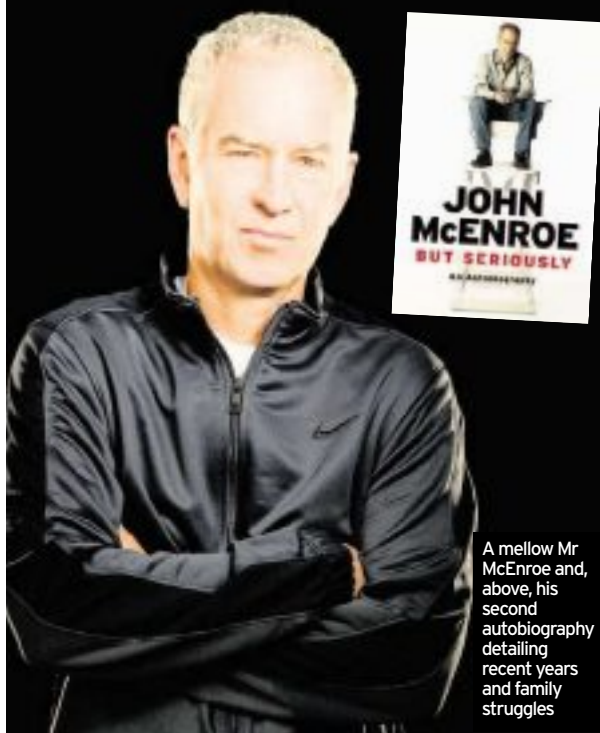
They met at a party in 1993, when he was going through his divorce and was at a low ebb.

"If there's any credit for the faint possibility I might have become a slightly better, less selfish person over the last 20 years, the bulk of that should go to Patty," he writes.

After retiring from professional tennis in 1992, at first, he admits he filled the space by smoking more marijuana than he should have done. He stopped when he discovered his children, then in their early teens, were pinching his stash, while Tatum accused him of being a drug addict during the custody battle.

"I was going through a difficult time in my personal life. Sometimes it's hard to look in the mirror and face up to things," he says now.

If you don't mature you'll be a kid your entire life



A mellow Mr McEnroe and, above, his second autobiography detailing recent years and family struggles

Two years ago, his eldest son Kevin was arrested for what was thought to be possession of cocaine and prescription drugs. Although the substance found on him was baking soda, his father asked himself what he'd done wrong.

"I felt terrible. His mom had been arrested close by and I couldn't believe it had happened. I was very shocked."

He clarifies his feelings in the book. "I don't want to go into details about my ex-wife's side of the family, but let's just say if you were looking for a stabilising influence as a grandparent, you probably wouldn't choose Ryan O'Neal (Tatum's father)."

"Kevin was always such a good person that it's been painful to watch him struggling, but I'm proud of how hard he's worked to

get his life back on track over the last couple of years."

Relations with Sean, his second son who has always gravitated towards his mother (and changed his surname to O'Neal), are more difficult. John says he wishes he'd been more sympathetic about the

impact of being the son of a high-profile couple in a painful divorce.

"One time when I dropped Sean off I was really afraid that he'd

go up and find her dead on the floor. I know that he was deeply affected by that. It was a frightening time. I wish I'd been more sympathetic as to how he was feeling. He's 29 and it seems like we've been unable recently to see eye to eye.

"We speak infrequently. We're in touch through texting or emailing, but I'm hopeful that changes tomorrow.

"I've tried my best," he continues. "On some levels, I haven't been as sympathetic to what it's like to grow up as the son or daughter of John McEnroe and how people look at them. I felt I was doing a reasonably good job. But there are always two sides to a story."

He has little contact with his ex-wife. "Do you call keeping in touch occasional email and occasional text? It's gotten to the point where the best thing for me personally is just as little [contact] as possible, but that might not be the best for my kids with Tatum. They want you to have a good relationship and I totally understand that and I feel bad that we don't. I know that I can't blame it all on her, as much as I'd like to."

In a recent interview, Kevin said his father was a tough disciplinarian and indicated he was still seeking his father's approval.

"A lot of kids do that. At some level I had that with my own father. I mean, how many Wimbledon is enough? How many years do I have to be number one?"

"I tell this story where my dad finished second in law school out of 450 people and my mom said, 'Why weren't you first?' I'm like my parents. That's in part why I became who I am."

He never pushed his children into tennis. However, he recalls how, when he'd watch them at sports events, other parents expected him to react.

"Sometimes I'd sit there and not say anything, while parents are expecting me to explode. Then after the event, my kids would say, 'God, you didn't say anything!'"

You can't win. As for fame, he reflects: "If a whole day passed when someone didn't say, 'You cannot be serious!' to me, that would be amazing."

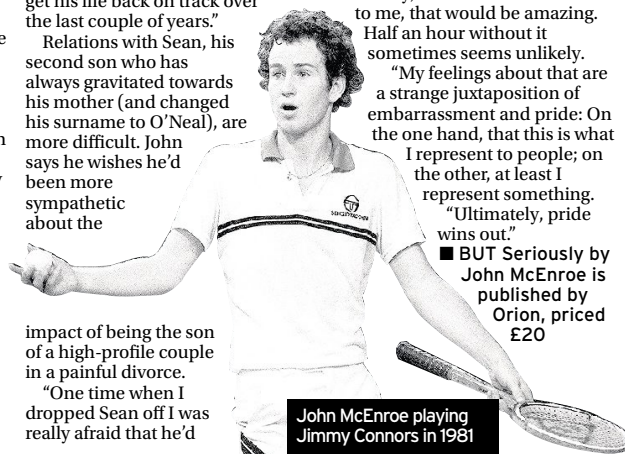
Half an hour without it sometimes seems unlikely.

"My feelings about that are a strange juxtaposition of embarrassment and pride: On the one hand, that this is what

I represent to people; on the other, at least I represent something.

"Ultimately, pride wins out."

■ **BUT Seriously** by John McEnroe is published by Orion, priced £20



LATEST TITLES

EUREKA by Anthony Quinn, Jonathan Cape, £14.99 (ebook £9.99)

★★★★★

SET to the soundtrack of The Beatles in London's swinging Sixties, Anthony Quinn's *Eureka* is chock-a-block with sex, drugs and rock n roll, gangsters, arson, unrequited love and the decriminalisation of homosexuality.

Gregarious screenwriter Nat Fane is where he loves to be - at the centre of attention. Through him we meet aspiring actress Billie Cantrip, journalist Freya Wyley, German wunderkind film director Reiner Werther Kloss and gangster kingpin Harry Pulver, as well as a host of other film types.

The story follows the filming of Nat's latest screenplay fuelled by acid trips and written almost scene by scene as they're filming it. The drama of Nat's script parallels the drama of his own life, so closely that characters and stories seem to merge into one.

Immersive and compelling.

HOW TO STOP TIME by Matt Haig, Canongate, £12.99 (ebook £6.74)

★★★★★

THIS fantasy/adventure centres on Tom Hazard, a man who is more than 400 years old, ages at an incredibly slow rate, and has sworn not to fall in love with a normal "mayfly" human.

Trapped in the past as he mourns his centuries-old first love, Rose, Hazard meets Camille, who sparks a process of self-discovery in which he questions what it is to really live. He reflects on his time as a lute player for Shakespeare, a crew member on Captain Cook's voyage, and a jazz pianist bumping elbows with F. Scott Fitzgerald in a boozed up corner of Paris.

Despite spanning continents and time, his most challenging terrain is internal, as he comes to accept himself as he is.

This is a refreshing exploration of how to make peace with one's past selves and future possibilities in a world where moments seem to rush past faster than ever.

BOOKS CHART

1. *The Dry*: Jane Harper (right)
2. *The Underground Railroad*: Colson Whitehead
3. *The Power*: Naomi Alderman
4. *Hot Milk*: Deborah Levy
5. *Betrayal*: Martina Cole
6. *Rather Be the Devil*: Ian Rankin
7. *The Handmaid's Tale*: Margaret Atwood
8. *The World's Worst Children Two*: David Walliams
9. *The Couple Next Door*: Shari Lapena
10. *The Essex Serpent*: Sarah Perry

CHART COURTESY OF WATERSTONES

Property

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Cover property – Little Thurlow: £1,250,000



MANOR Farm, a Grade II listed village home in Little Thurlow, is now available to own for approximately £1,250,000.

Accommodation at this charming period property includes a welcoming reception/musical hall, dining room with wood burning stove

and a drawing room with a brick fireplace.

Elsewhere, you'll find a kitchen with dual control electric Aga and a study/gym.

In total, there are six bedrooms and three bath/shower rooms located across the two higher levels.

Outside, there is a sweeping driveway to the front, with the rear garden containing a courtyard, paved terraces and a range of outbuildings including barn/garage and studio.

For more details contact Jackson-Stops and Staff on (01638) 662231.



Fordham: £475,000



THIS well appointed family home in Feast Close, Fordham, is now available at a guide price of £475,000.

Inside the property, ground floor accommodation includes a cloakroom with WC, study, utility room with washing machine, dining room leading to the rear garden, a conservatory and a kitchen/ breakfast room. The latter room contains integrated appliances including dishwasher and a fan oven/grill.

Upstairs, there are four double bedrooms, including a master with built in wardrobes and an en suite. There is also a family bathroom on this level, featuring a panelled bath.

Outside, there is a paved pathway, driveway and porch to the front, while the rear garden is predominantly laid to lawn.

For further details, call Whatley Lane Estate Agents on (01638) 561187.



Burwell: £440,000



THIS delightful period cottage in Mandeville, Burwell, is now available to own at a guide price of £440,000.

Inside the property, ground floor accommodation comprises a sitting room with French doors to the garden, dining room, rear lobby and a kitchen with integrated slimline dishwasher, electric double oven/grill, fridge and freezer.

On the first floor, you'll find two bedrooms, while on the second floor you'll find a master bedroom built in wardrobes and sloping ceilings.

Outside, there is a shingled driveway with off-road parking. The gardens feature a lawned area with outside lighting, paved patio and a timber shed with light.

Contact Cheffins on (01638) 663228.



Burwell: £479,995



THIS substantial detached family residence in Meadowlands, Burwell, is now available to own at a guide price of £479,995.

On the ground floor, accommodation includes a kitchen/dining room with integrated double electric

oven, dishwasher and American style fridge/ freezer.

Elsewhere on this level, there is a utility room, sitting room with French doors to the rear garden and a family room which leads to the rear patio.

Upstairs, there are four

bedrooms, including a master with en suite shower room and a second bedroom with a dressing area. On this floor, you'll also find a family bathroom.

Viewing is by appointment through Cheffins on (01223) 214214.



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NEW



Exning

£620,000

A 5 bedroom detached house situated close to the village centre. The property benefits from an attractive sitting room and separate dining room with wood flooring, a garden room/conservatory and a well-equipped fitted kitchen/breakfast room. Additional features include a large master bedroom and guest bedroom with ensembles, attractive walled gardens and a double garage. EPC: D.



Newmarket

£530,000

A 4 bedroom semi-detached townhouse with a contemporary open plan ground floor kitchen/dining room, a large first floor master bedroom with ensuite bathroom and 3 further bedrooms on the second floor. Additional features include a landscaped part walled garden, gas central heating and a studio/office. EPC: E.



Burwell

£650,000

A charming 18th Century 5 bedroom detached house standing in mature gardens extending to about half an acre. The property offers excellent accommodation including 3 reception rooms, a large reception hall/dining room, 2 bathrooms and a cellar. There is also a range of useful outbuildings including 2 garages, a workshop and stable. EPC: F.



NEW PRICE



Swaffham Prior

£800,000

A Grade 2 listed detached house with large gardens. Constructed of clunch and red brick under a peg tiled roof, the property retains considerable character with accommodation comprising; 5 reception rooms, 3 double bedrooms and 2 bathrooms on the 1st floor. Outside the property benefits from a double garage, a detached clunch barn and a cart lodge.

cheffins.co.uk t: 01638 663228



LET

Newmarket Similar Properties Required

Available July 2017. A 2 bedroom semi-detached house standing in an excellent location within close proximity of the town centre. The property has the advantage of a sitting room, kitchen/diner, 2 bedrooms, first floor bathroom and gas-fired central heating. EPC: E. No pets, no smokers.



LET

Chippenham Similar Properties Required

Available August 2017. A 3 bedroom family home situated on a corner plot. The accommodation comprises; entrance hallway, downstairs cloakroom, lounge, kitchen, dining area, conservatory, 3 bedrooms, newly fitted family bathroom and newly fitted ensuite to master. The property also benefits from a single garage, front and rear established gardens. EPC: D.



LET

Newmarket Similar Properties Required

Available Now. A 2 bedroom Victorian end of terrace property attractively close to the town centre. The property benefits from a sitting room, a fitted kitchen/dining room, 2 bedrooms and a 'Jack and Jill' ensuite shower room on the 1st floor. Additional features include gas central heating, double glazing and a rear courtyard. EPC: D. No smokers.



LET

Newmarket Similar Properties Required

Available mid July 2017. A well presented 2 double bedroom Victorian cottage. The accommodation comprises of an open plan living and dining area through to a modern kitchen, downstairs modern bathroom, and 2 double bedrooms. The property also benefits from an enclosed rear garden, gas central heating and UPVC double glazing. EPC: D



LET

Fordham Similar Properties Required

Available Now. A charming 3 storey period cottage standing in a highly regarded location with a large garden, separate studio/annex and river frontage. EPC: E.



LET

Newmarket Similar Properties Required

Available Now. A beautifully presented 2 bedroom character property attractively situated in a sought after location with views to the rear over Newmarket tennis club. The property benefits from 2 large double bedrooms, a fitted kitchen, an attractive sitting room and a small private garden. EPC: F. No Smokers, No Pets, No Children



LET

Newmarket Similar Properties Required

Available Now. A well presented 3 bedroom mid-terraced house standing in a popular residential area. The recently decorated accommodation includes a ground floor cloakroom, sitting/dining room, kitchen, first floor bathroom, enclosed garden and communal parking. EPC: D.



LET

Newmarket Similar Properties Required

Available Now. A 2 bedroom apartment located yards from Tattersalls and the High Street. The apartment has underground parking, a lift with security coded access and open views. EPC: B



LET

Saxon Street Similar Properties Required

Available August 2017. A charming 2 bedroom barn conversion standing in a secluded location with attractive gardens to the rear. The accommodation includes a large sitting/dining room, 2 bedrooms and 2 bath/shower rooms, oil-fired central heating. EPC: E.

**NEW****Newmarket****£287,500**

A 3 bedroom semi-detached house situated in an established cul-de-sac. The property benefits from an open plan fitted kitchen and dining area, a sitting room and a master bedroom with ensuite shower room. Additional features include 2 further bedrooms and a bathroom on the first floor, a garage, off-road parking and an enclosed rear garden. EPC pending.

**NEW****Burwell****£182,500**

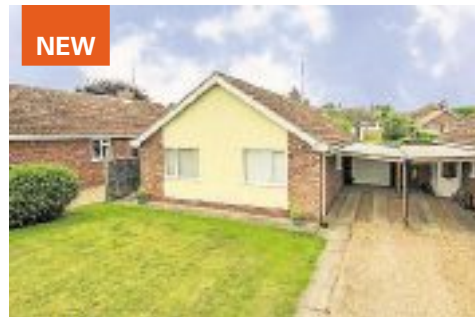
A 2 bedroom bungalow situated in a sought after retirement complex. The property benefits from a double aspect sitting room with a bay window and sliding patio doors leading to the garden, a modern fitted kitchen and large main bedroom. Additional features include modern electric radiator style heating, an enclosed garden area and parking nearby. EPC: E.

**NEW****Burwell****£440,000**

A 3 bedroom period cottage benefitting from a character sitting room with vaulted ceiling and wood burning stove, a separate dining room and a well equipped modern fitted kitchen. Additional features include a charming second floor bedroom with exposed clunch walls and double aspect, private garden and off-road parking for several vehicles. EPC: D.

**NEW****Cowlinge****£850,000**

A newly constructed 5 bedroom detached house standing in a superb setting with far reaching views over open countryside. The impressive accommodation in excess of 2,800 sq ft includes 3 reception rooms, a luxury kitchen with bi fold doors, 4 shower / bath rooms and under floor heating. An outstanding family house standing in an idyllic non-estate location. EPC: C.

**NEW****Moulton****£330,000**

A 3 bedroom bungalow situated in an established residential cul-de-sac. The property is offered with NO CHAIN and benefits from an open plan sitting/dining room, a conservatory and oil-fired central heating. Additional features include; a driveway with a carport and garage, sealed unit double glazing and an enclosed private garden. EPC: E.

**NEW****Moulton****£525,000**

A 4 bedroom detached house with scope to extend (subject to planning consents). The impressive accommodation includes 2 reception rooms, a cloakroom, a kitchen with built in appliances and a master bedroom with an ensuite shower room. The totally secluded rear garden enjoys a delightful south facing aspect over open fields. EPC: C. NO CHAIN.

**NEW PRICE****Six Mile Bottom****£320,000**

A newly constructed 3 bedroom detached chalet style house standing in a non-estate position in this well regarded village. The property has been built to a high specification and includes a quality fitted kitchen with built in appliances, a master bedroom with ensuite, 2 further bedrooms, an enclosed rear garden, garage and parking space. EPC: C.

**Newmarket****£240,000**

A beautifully presented 2 bedroom terraced house with a landscaped garden and separate studio/office. To fully appreciate this delightful home, a viewing is strongly recommended. EPC: E.

**Newmarket****£299,500**

A well presented and extended 3 bedroom semi-detached house standing in an established residential cul-de-sac. The property benefits from a large open plan sitting/dining room, 3 bedrooms and a bathroom on the first floor and gas central heating. Additional features include; a garage and off-road parking and an enclosed part walled garden. EPC pending.

Trinity Mirror Regionals

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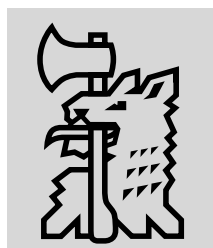
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NEW



OUSDEN

A charming and spacious converted Grade II Listed barn in a sought after village location. Entrance Hall • Sitting Room/Dining Room • Kitchen • Utility Room • Cloakroom • Landing • Two Bedrooms • Bathroom • Driveway and Parking • Garage/Workshop • Garden Store • Garden.

Guide Price £369,000



NEW



WICKHAMBROOK

A deceptively spacious and beautifully presented semi-detached period cottage with an attractive landscaped garden in this well served Suffolk village. Entrance Hall • Sitting Room • Family Room • Study • Kitchen/Breakfast Room • Dining Room • Cloakroom • Landing • Master Bedroom with En-Suite Shower Room • Two Further Bedrooms • Family Bathroom • Driveway and Parking • Garage • Landscaped Garden with Gazebo. EPC Rating "E".

Guide Price £475,000



NEW



MOULTON

A superbly presented Grade II Listed thatched cottage in a much favoured village with a delightful garden. Reception Hall • Sitting Room • Dining Room • Study • Kitchen/Breakfast Room • Shower/Cloakroom • Bathroom • Three Bedrooms • Driveway and Parking • Enclosed Garden.

Guide Price £475,000



**NEW
PRICE**



SIX MILE BOTTOM

A newly built chalet bungalow set in a highly accessible village with an enclosed south facing garden. Entrance Hall • Kitchen/Dining Room • Sitting Room • Study/Bedroom 3 • Bathroom • Landing • Bedroom 1 with En-Suite Shower Room and Bedroom • Driveway and Parking • Single Garage and Enclosed Rear Garden. EPC Rating "C".

New Guide Price £320,000



NEW



MOULTON

A spacious and well presented detached family house with a car port and attractive enclosed rear garden. Entrance Hall • Sitting Room • Family/Dining Room • Kitchen/Breakfast Room • Utility Room • Bedroom 2 • Music Room/Bedroom 4 • Shower/Cloakroom • Landing • Master Bedroom with En-Suite Bathroom • Bedroom 3 • Driveway and Parking • Single Carport • Large Enclosed Garden. EPC Rating "C".

Guide Price £565,000



NEW



GREAT THURLOW

A beautifully presented former Coach House with an attractive enclosed garden and double garage in this sought after village. Entrance Hall • Sitting Room • Family Room • Kitchen/Dining Room • Utility Room • Cloakroom • Landing • Master Bedroom with En-Suite Shower Room • Two Further Bedrooms and Bathroom • Driveway and Parking • Garage and Office/Store and Enclosed Garden. EPC Rating "F".

Guide Price £450,000

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APPROACHING 0.6 ACRE



NEWMARKET

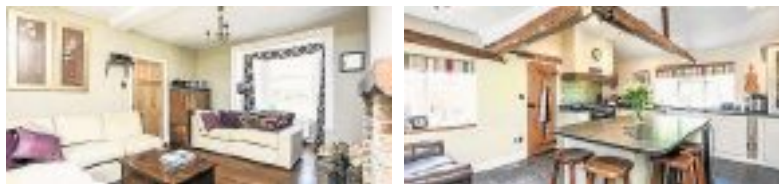
A substantial and superbly presented Edwardian house in a sought after town location set in delightful secluded grounds approaching 0.6 acre (sts).

Covered Entrance Porch • Reception Hall • Sitting Room • Dining Room • Family Room • Study • Garden Room • Kitchen/Breakfast Room • Utility Room • Cloakroom • Galleried Landing • Master Bedroom with En-Suite Shower Room • Five Further Bedrooms and Two Bathroom/Shower Rooms • Integral Annexe with Sitting/Games Room • Kitchenette • Bathroom and Mezzanine Bedroom • Driveway and Parking • Integral Double Garage • Large Established Grounds and Garden Stores. EPC Rating "E".

Guide Price £1,250,000



APPROACHING 0.75 ACRE



LITTLE THURLOW

An impressive and superbly presented Grade II Listed village house with views over paddocks to the rear and attractive established grounds approaching 0.75 acre (sts). Entrance Hall • Reception/Music Hall • Drawing Room • Sitting Room • Dining Room • Study/Gym • Kitchen/Breakfast Room • Utility Room and Cloakroom • Landing • Seven Bedrooms • Three Bath/Shower Rooms (One En-Suite) • Cloakroom to Bedroom 6 and Playroom • Gated Driveway with Turning and Parking for Several Cars • Large Established Garden with Pond • Courtyard with Outbuildings including Storage Barn and Studio with conversion potential (Subject to Planning).

Guide Price £1,250,000



APPROACHING 0.75 ACRE



CHIPPENHAM

An important Grade II* Listed house converted from the former village school dating from the Queen Anne period with attractive gardens and grounds adjoining parkland. Reception Hall • Sitting Room • Dining/Playroom • Study • Kitchen/Breakfast/Family Room • Bedroom 5/Office • Utility Room • Boot Room • Two Cloakrooms • Extensive Cellars • Galleried Landing • Master Bedroom with Dressing Room and En-Suite Bathroom • Guest Bedroom with En-Suite Shower Room • Two Further Double Bedrooms and Family Bathroom • Impressive Circular Driveway and Parking for Several Cars • Large Established Gardens with views of adjoining Parkland.

Guide Price £995,000

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Newmarket **£255,000**

A charming Victorian property of character located close to the town centre. Hall, sitting room with bay window, dining room, kitchen, bathroom, 3 bedrooms, courtyard garden and off road parking. No Chain. EPC: E



Burwell **£215,000**

A hugely impressive 2 bedroom house of charm and character enjoying a stunning open plan feel and forming part of a Grade II listed converted former chapel set in the heart of this ever popular village. Ideal first time purchase or rental investment. EPC:D



Burwell **£275,000**

Occupying a delightful position with views towards St Marys Church and the Windmill a modern linked semi detached house providing good quality three bedroom accommodation, off road parking and garden. Hall, cloakroom, sitting room, fitted kitchen/diner, en suite, family bathroom. No chain. EPC:C



Newmarket **£215,000**

A charming two bedroom Victorian cottage situated in a popular location to the south of the town centre and convenient for the train station. Two reception rooms, kitchen, bathroom, useful converted loft space, pretty enclosed garden. No Chain. Great first purchase or investment. EPC: TBC



Newmarket **£275,000**

A stunning 3 bedroom semi detached family home situated to the North of Newmarket Town Centre. This well presented house benefits from generous sitting room, dining room, fitted kitchen, 1st floor shower room, an enclosed large garden, double glazing, gas central heating and no chain. EPC: TBC

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**Burwell****£595,000**

Set in a non-estate position in the heart of Burwell, a beautifully presented family home offering flexible & spacious accommodation with generous sitting room, kitchen/diner, study, 4 double bedrooms, large drive, garage & enclosed garden. EPC:TBC

**Newmarket****£499,000**

Situated within a highly regarded residential area to the south of the town centre a most interesting large 5 bedroom family house providing exceptionally spacious and versatile accommodation extending to about 2600sqft. EPC:D

**Stetchworth****£310,000**

A deceptively spacious semi detached house providing high quality accommodation, set within a sought after village. Hall, cloakroom, kitchen, sitting/dining, 2 double bedrooms, en suite & bathroom, (3rd bedroom potential STC). EPC: C

**Newmarket****£349,500**

A detached 4 bedroom family house with an enclosed garden, garage and attractively positioned near the end of a popular cul de sac to the North of the Town Centre.

No Chain. EPC: D

**Newmarket****£350,000**

One of a group of four late Edwardian properties named with cricket in mind, 'The Bat' is a generous semi detached three bedroom house located within a desirable residential area just to the north of the town centre. Large sitting/dining room, fitted kitchen, cellar, off road parking, garden. EPC:D



Newmarket Office
16a High Street, CB8 8LB

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Nick Hall
Director - MARLA



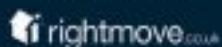
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Additional fees may apply.
Please refer to the website or ask in
branch for more details.



PrimeLocation.com



Zoopla.co.uk



**NEW
PRICE**



Newmarket

£255,000

An extremely versatile four bedroom end of terrace town house situated in a popular location close to the town and all facilities. The accommodation is laid out over three floors and is ideal as either a family home or buy to let opportunity. EPC D

01638 660303

NEW



Newmarket

£215,000

A well presented end of terrace two bedroom home in a quiet cul de sac with off road parking and a large garden. The property benefits from Upvc double glazing as well as gas central heating. Viewing is essential to appreciate this home.

01638 660303



Burwell

£325,000

A deceptively spacious and extended three bedroom detached family home in a quiet cul de sac close to the centre of this popular village. Large Living room, Separate Dining area, Extended kitchen and enclosed garden. Viewing is essential to appreciate the full potential of this home. EPC D

01638 660303



BURWELL

Offers Over £400,000

A fabulous three bedroom detached extended Victorian family home set back from the road opposite the church. The property offers versatile living accommodation and retains many original features including fireplaces and Gothic style doors. Viewing is essential to fully appreciate this unique home. EPC D

01638 660303



Bottisham

£625,000

A truly fabulous six bedroom detached family home situated at the end of cul de sac siding onto open countryside. The present owners have improved the property greatly over recent years and converted the loft space to provide two extra double bedrooms and a shower room. EPC D

01638 660303



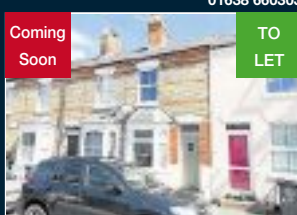
**TO
LET**

SOHAM

£735

2 bedroom end of terrace house in a traffic free location close to the town centre. Spacious Living room, Kitchen and cloakroom. Court yard style gardens to side and rear. Available end July. EPC Rating C

01638 660303



**Coming
Soon**

**TO
LET**

Newmarket

£795

In the process of being updated with a new kitchen and general redecoration we are delighted to offer this Victorian two bedroom centrally located home with a first floor bathroom, gas central heating and courtyard garden. EPC D

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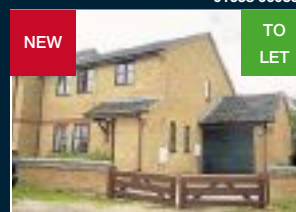
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NEW

**TO
LET**

Soham

£895

A modern 3 bed semi-detached house enjoys the benefits of Gas central heating, a through Living/dining room, kitchen and cloakroom. Outside there is a garage and car standing. Gardens to front, side and rear. EPC D

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**NOW
LET**

Newmarket

£640

Similar properties required for waiting tenants.....Similar properties required for waiting tenants.....Similar properties required for waiting tenants.....Similar properties required for waiting tenants.

Volvo sparks a move to electric power cars

WITHIN three years every new Volvo car will have an electric motor on board.

The announcement brings to an end conventional powertrains used by the Swedish car maker for the past 90 years.

Already Volvo has a number of plug-in hybrids in its line-up – notably the XC90 T8 SUV and the Twin Engine V60 estate – which can run purely on electricity.

The new XC60 SUV – due to be released in the next few weeks – will also be available with a plug-in electric option.

According to Volvo – now owned by Chinese auto giant Geely – the announcement represents one of the most significant moves by any car maker to embrace electrification.

"This announcement marks the end of the solely combustion engine-powered car," said Hakan Samuelsson, Volvo's chief executive. "Volvo Cars has stated it plans to have sold a total of a million electrified cars by 2025. When we said it we meant it. This is how we are going to do it."

Speaking in Stockholm at the company's design studio Mr Samuelsson revealed that from 2019 every new model launched by

Volvo will use an electric motor in one form or another including fully electric cars, plug-in hybrid cars and mild-hybrid cars.

"This is about the customer," said Mr Samuelsson. "People increasingly demand electrified cars, and we want to respond to our customers' current and future needs. You can now pick and choose whichever electrified Volvo you wish."

The company announced it will launch five fully electric cars between 2019 and 2021, three of which will be Volvo models and two of which will be high-performance electrified cars from Polestar, Volvo Cars' performance car arm.

These five cars will be supplemented by a range of petrol and diesel plug-in hybrid and mild-hybrid 48-volt options on all models meaning that in future there will be no Volvo cars running only on combustion engines.

Full details of these models will be announced at a later date.

The decision follows the recent announcement that Volvo is planning to turn Polestar into a new separately branded electrified global high-performance car company.



GREEN: All Volvos will include an electric motor within three years



CADDY: Petrol models cost less

VW upgrades its popular Caddy van

VOLKSWAGEN'S big-selling Caddy van has been upgraded for the introduction of the 2018 model.

As part of the 2018 Caddy package Volkswagen is also realigning its price structure. As a result, models equipped with the brand's TSI petrol engines now cost less and the Startline 1.2 TSI 84ps model is now priced from £17,527 – £1,017 lower than before.

The new Caddy petrol line up consists of a 1.2-litre 84ps four-cylinder model, a 1.0-litre 102ps three-cylinder and a range-topping 1.4-litre 125ps four-cylinder offered with the option of a seven-speed DSG transmission. Diesel models, available with a 2.0-litre TDI engine in three states of tune, cost from £18,583 including VAT.

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2013 13	116 1.6D Efficient dynamics 5Dr 38K miles.....	\$10,995	2012 12	Passat S Bluemotion 1.6 Tdi Estate 86K miles.....	\$6,995
			2010 10	Golf 1.6 Tdi Se Auto Estate 72K Miles.....	\$5,995
2012 61	C4 Grand Picasso 1.6 Tdi Vtr + 32K miles.....	\$8,995	2005 58	Golf 1.6 FSI S 5Dr 73K miles.....	\$3,950
2011 61	DS3 Style Plus 1.6 Hdi 3Dr 35K miles.....	\$6,995			
2011 61	DS3 Style e 1.6 Hdi 3Dr Leather 48K Miles.....	\$6,495	2013 63	Honda CR-V SR-i DTEC 1.6 Diesel 27K Miles.....	\$15,495
2010 59	C3 Picasso 1.4 Vtr+ 72K miles.....	\$4,450	2012 62	Honda Jazz 1.3 i-Vetec ES 5Dr 50K miles.....	\$6,995
2008 08	C3 1.4 Cool 5Dr 38K miles.....	\$3,450	2010 10	Seat Ibiza 1.4 Sport 3Dr 28K miles.....	\$5,995
2006 06	C4 1.6 Sx 5Dr 81K Miles.....	\$2,450	2004 04	Mercedes 220 Cdi Elegance Auto Estate 92k Miles.....	\$4,450
			2007 57	Suzuki Swift 1.3 GL 3Dr 74K miles.....	\$3,495
2013 13	500 1.2 Lounge Ac Bluetooth 20K miles.....	\$6,995	2007 57	Seat Ibiza 1.4 Sport 3Dr 59K miles.....	\$2,995
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2009 09	Qashqai 1.5 Dci Acenta 60K Miles.....	\$6,295			
2007 07	Nissan Micra Initia 1.2 3 Door 114K Miles.....	\$1,595			
2014 14	2008 1.4 Hdi Active Estate 15K Miles.....	\$8,995			
2014 14	2008 1.6 Vti Active Estate 27K Miles.....	\$8,995			
2007 07	207 1.4 S 5Dr 66K miles.....	\$3,995			
	207 1.4 S 5Dr 108K Miles.....	\$2,450			
2011 11	Kangoo 1.5 Dci 3 seats expression Wheel Chair access Ramp 32K miles.....	\$7,495			
2012 62	Clio 1.5 Dci Dynamique Tom Tom 5Dr Sat Navigation 48K miles.....	\$5,995			
2011 11	Kangoo Expression Wheel Chair access Ramp 1.6 Auto 3 seats 66K miles.....	\$5,995			
2011 11	Clio 1.2 Dynamique Tom Tom AC Sat Nav 61K Miles.....	\$3,995			
2007 07	Clio 1.2 Campus AC 64K Miles.....	\$2,450			
2011 61	Fabia 1.2 Tsi Elegance 36K Miles.....	\$6,695			
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2014/ 64 Qashqai 1.2 Acenta
Premium DIG-T Navigation, 14K miles
£13,995



2007/ 57 Seat Ibiza 1.4 Sport 3Dr, 28K
miles
£2,995



Wheels

ROAD TEST

Dacia Logan MCV



LOGICAL: The frugal and roomy Dacia Logan MCV

SO you've got less than £11,000 to spend on a car but it needs to be spacious to accommodate the family and have plenty of luggage room for the same reason.

So which used car dealer do you visit for the best deal?

Well if you have any sense you won't bother with any of them, as you can now get a brand new car that meets your criteria and comes with a generous three year, 60,000 mile warranty.

And best of all the car in question is powered by a beefy 1.5-litre diesel engine that will average a phenomenal 80 miles per gallon.

The car that defies financial logic is the new version of the Dacia Logan MCV, a generously sized, five-seater estate car with a boot area so large you could almost sleep in it. Fold the 60/40 split rear seatbacks down and the space jumps from 573 litres to a van-like 1,518 litres.

The clue is in the letters tagged on to the end of the name. MCV stands for Maximum Capacity Vehicle.

Appealing to cost conscious drivers who need something much larger than their budget would normally run to, the Logan is available in three different trim levels with the Ambiance – looked at here – the middle of the range model at £10,895.

And for that you get a car that's not only spacious but comes with air conditioning, DAB radio, electric front windows, stop/start, remote central locking and daylight running lights. In fact all the things that most people would want.

Despite its budget price tag the Logan is well put together and when you get behind the wheel you find it's actually rather nice to drive too, with an impressive amount of torque and plenty of power in the lower gears.

There's a five-speed manual gearbox, although fifth is very much an overdrive gear ideal for cruising on the motorway

factfile

Price: £10,895
Engine: 1,461cc diesel
Transmission: 5-speed manual
Top speed: 107mph
0-62mph: 11.8 seconds
Economy: 80.7mpg
Emissions: 90g/km

when the rev counter is just hitting 2,000 revs at 70 miles per hour, ensuring relaxed, frugal motoring.

For fast overtaking you need to drop down a cog but when you do the Logan is quick to respond and happy to do so.

Petrol engined models are available – the entry level Logan is priced from just £7,295 – but the 1.5-litre diesel is by far the best performer.

The suspension is a little on the soft side but it handles well even when driven quickly through tight bends and provides a very comfortable ride.

In fact for me there are very few negative points on a car which – since the Romanian company was relaunched by parent company Renault in 2004 – is fast winning fans all over Europe for economy motoring. More than 100,00 Dacias have been sold in the UK since the company launched here in 2013.

OK, so on the Logan you have to adjust the side mirrors manually and you always have to use the key to open the boot rather than have a release catch and there is no height adjustment on the driver's seat, but apart from these the Logan Ambiance fills most people's requirements.

And it's interesting to note how well Dacia has done in surveys carried out among owners. If they weren't happy they would be the first to shout about it.



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BMW

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BED FOR SALE Children's single cabin bed with 3 storage drawers. Light coloured wood effect. No Mattress. Good condition. Godmanchester area. £20.00 ono Tel: 07548 120406

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BINOCULARS Halina Discovery binoculars. 16"50, FG Field 3.9. Very good condition. Solid with case. Godmanchester area. £10.00 Tel: 07548 120406

DIMPLEX cold watcher Compact floor standing, mains heater, variable heat control, 500 watts, very efficient. st Ives £40 Tel: 07791 034695

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Kitchen Electrical Appliances

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COFFEE MACHINE Charles Jacobs Espresso Coffee Machine in red Very good condition. Godmanchester area. £12.00 ono Tel: 07548 120406

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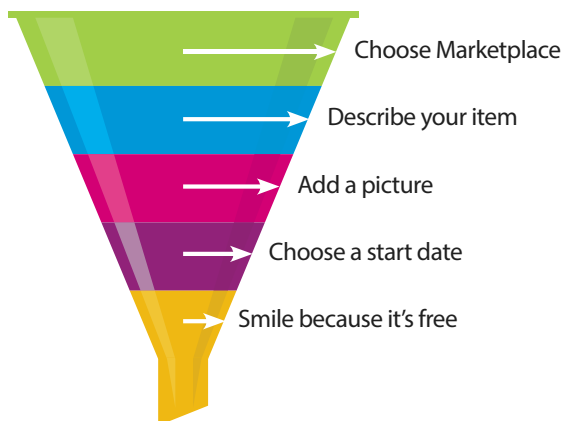


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CLINICAL RECRUITMENT SCREENING ASSISTANT - FULL TIME.

The role of the Recruitment Screening Assistant is to develop the skills and knowledge required to assist Recruitment Co-ordinators in screening volunteers and patients to participate in clinical trials. You must be able to accurately document all study related procedures in the clinical trial process and to assist with clinical work. You will be given training in the operation of clinical equipment and will undertake routine and study medicals under supervision. These roles require previous experience in a healthcare environment e.g. Healthcare Assistant. Phlebotomy skills would be an advantage. Applicants must be willing to undertake Basic Life Support certification. You will assist with the collection of study related data including ECG recordings, vital signs and blood samples following training. Computer and keyboard skills are required.

CLINICAL OPERATIONS SUPPORT - FULL TIME.

You will be required to provide general administrative support to the Clinical Teams within the Unit. Activities will include management of clinical trial related documentation, engagement with GPs who provide medical reports, preparation and archiving of trial related documents and updates to databases. Other duties include assisting in the set-up of meetings with both internal & external parties, room bookings and calendar invites. You will be involved in the preparation and processing of expenses, case report and study forms and in keeping the clinical ward diary up-to-date. This role demands a flexible approach and the ability to manage a highly diverse workload and the flexibility to handle change. Good communication skills and the ability to work well within a team is essential together with a general education to A' Level standard or equivalent. You should have experience in working with SharePoint sites, general competence in using computers and basic office pc skills, databases and spreadsheets. Previous experience of working with a clinical team would be advantageous.

RECRUITMENT COORDINATOR- FULL TIME.

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Racing

Tin is 'the ultimate pro'

SIR Michael Stoute has found top-level winners a little harder to come by over the last couple of seasons but was back in the limelight at Sandown after Ulysses claimed the narrowest of victories in a thrilling Coral-Eclipse.

The master of Freemason Lodge has saddled countless Group One winners during a long and illustrious training career that goes back to the 70s. However, before Ulysses got the better of Barney Roy by a nose in the on Saturday, Stoute had not struck Group One gold in Europe since Integral's triumph in the Sun Chariot at Newmarket the best part of three years ago.

Ulysses came into the Eclipse with decent claims of providing Stoute with a joint-record sixth victory in the race after finishing a creditable third in the Prince of Wales's Stakes at Royal Ascot last month, but was an 8-1 shot in a market dominated by a trio of three-year-olds – St James's Palace Stakes winner Barney Roy, Derby runner-up Cliffs Of Moher and the highly-regarded Eminent.

It was an unsatisfactory event in some ways, but there was certainly nothing unsatisfactory about the finish, as Ulysses cruised into contention in the hands of Jim Crowley and looked set to win decisively, only for Barney



TALE OF BRAVE ULYSSES: Barney Roy (left) and Ulysses slug out the thrilling climax to the Coral-Eclipse

Stoute relief as Ulysses wins thriller

Roy to battle back for a head-to-head finish.

After a lengthy wait for the result of the photo finish – Ulysses got home by a nose – Stoute said: "I felt from the furlong marker he was always holding him, but my angle was bad and I didn't have any idea if he had won or not, so it was a relief."

"It was nerve-racking for a while.

"He is a very consistent, game horse and he has only ever had one blip in his life and that was in the Derby when he got turned over twice. He has never run a bad race."

Asked about future plans, the trainer added: "Let's go home and see how he is in 10 days. I wouldn't rule out going back up to a mile and a half as he won the Gordon Stakes last year and ran a big race at Santa Anita (fourth in Breeders' Cup Turf)."

It was a sweet success for Crowley. The champion jockey lost the ride on Eminent earlier in the week to this year's title race leader

Silvestre de Sousa.

He said: "Things happen in life for a reason. You have to respect the decision and I don't think I did too much wrong (on Eminent), but it has worked out in my favour today."

"When you become champion jockey these are the races you should be and want to be winning."

John Gosden won the bet365 Lancashire Oaks at Haydock for the seventh time – he holds the record with the late Sir Henry Cecil – after The Black Princess (3-1) providing jockey Robert Tart with the biggest success of his riding career.

JOCKEY Tom Queally believes he will be on "the ultimate professional" when riding The Tin Man in Saturday's Darley July Cup – the £500,000 Group One feature of Newmarket's July Festival.

Queally, 32, has formed a very polished partnership with the James Fanshawe-trained gelding, as illustrated by their victory in the Diamond Jubilee Stakes at Royal Ascot last month.

That was the duo's second Group One triumph and their seventh in total. Indeed, Queally – who was the jockey of the legendary Frankel – has ridden The Tin Man in all but one of his 13 races.

Queally said: "He's quite a fun horse to ride. He has got a pretty devastating turn of foot when he is on form, so he shows a jockey in a good light."

"I wouldn't class him as a hold-up performer but he likes to aim at his opposition. He is a horse that finishes his races. He is pretty straightforward. He doesn't pull or anything like that – he is very relaxed going to post."

"He is pretty straightforward to train as well. His attitude and overall demeanour is probably testament to James and his staff."

"He wasn't straightforward from day one – hence he was gelded pretty quickly. But he

TONY RUSHMER
sport@cambridge-news.co.uk

has become the ultimate professional now."

The Tin Man will need to show all of his attributes in Saturday's six-furlong contest for which he is as short as 5-1.

Not only will he have to take on last year's winner Limato, but also Caravaggio, the emerging superstar.

Caravaggio gave a brilliant display at Royal Ascot in winning the Commonwealth Cup, the Group One for three-year-olds speedsters.

Queally said: "He is one of the dangers but then Limato has course form – you can't disparage course form. I think it has the potential to be right up there with the top July Cups – let's hope it becomes the race that everybody thinks it will."

Fanshawe, who trains at Pegasus Stables in Newmarket, said: "To have a horse this good is a real privilege and you try and do the best you can with them."

The three-day Moet and Chandon July Festival starts tomorrow (Thursday) at Newmarket's July Course.



SOME TIN SPECIAL: Tom Queally and The Tin Man Picture: Tony Rushmer

Cricket

Burwell held up

JOE Tetley smashed 70 could not prevent Burwell losing by one wicket to Sudbury in a tight Gibbs Denley East Anglian Premier League clash.

Burwell won the toss and batted, but lost Thomas Jargot and Simon Donald for 35 before Tetley arrived.

He soon lost Andrew Bramley but found Ben Seabrook a more than willing and they put on 106 before the latter became one of Tom Huggins' six victims at 152 for 4.

Tetley also went to Huggins but, apart from 21 from Joshua Vowden, no-one else managed double figures and Burwell were all out for 185

after 58.2 overs.

Sudbury never really got started and looked to be tottering to defeat at 108 for 9.

However, a last-wicket stand between Dustin Melton (69no) and Jonathan Gallagher (9no) took them to 186 off 58.1 overs.

Mildenhall beat Vauxhall Mallards by 74 runs.

Mallards won the toss and fielded but had to watch Ben Shepperson score 89 to steady a nervy start. Murtaza Hussain added 43 as Mildenhall totalled 203 off 64 overs.

Mallards' response fizzled out at 129 off just 49.2 overs.

Football

Jockeys at home

NEWMARKET Town have a home tie against Essex Senior League opposition at the first stage of the FA Cup.

And if they win the extra preliminary round tie against Southend-based Great Wakering Rovers, they will be at home to Ware Town, from the Ryman League.

FA CUP – Extra preliminary round (August 5): Newmarket v Great Wakering.

Preliminary round (August 19): Framlingham/Wadham Lodge v Mildenhall, Newmarket/Great Wakering v Ware.

Athletics

Wilkinson's woe

CALLUM Wilkinson was disqualified as compatriot Tom Bosworth broke the 26-year-old world record in the mile walk at the Anniversary Games on Sunday.

Moulton's Wilkinson led after 400m and finished fourth, but was later disqualified for repeatedly failing to comply with the permitted technique for race walking.

Bosworth won in 5min 31.08sec.

Speedway

Jolly's blast sparks stunning cup rally

MILDENHALL staged another dramatic late comeback by overturning a 12-point aggregate deficit in the last three heats to force a Knockout Cup quarter-final replay with Stoke, winning 50-40 (90-90 on aggregate).

The Fen Tigers were staring at an early cup exit and a first home defeat as they trailed the Potters 37-35 (87-75) going into the final three races, with promoter Kevin Jolly publicly conceding the tie and apologising to supporters for the performance.

He called for a reaction from his team – and got it in spades.

Dan Halsey and impressive guest Ben Morley both rocketed around Potters' No 1 Mitchell Davey for a 5-1 in heat 13, and that was followed by another in heat 14 as debutant Matt Marson shot from the tapes and was joined by Jordan Jenkins by the end of the second lap.

Mildenhall still needed to



make it a hat-trick of 5-1s to rescue their hopes in the final race, and they delivered as Armstrong trapped first and Halsey blasted round the boards for his fourth win.

An incredulous Jolly (above) said: "I know I shouldn't publicly slag the riders off but what a reaction! They showed sheer heart and rode like they were possessed. It was outstanding."

The Fen Tigers had clawed six of the 10 points back after five heats as Halsey paired with Marson for a 5-1 in heat

four, and Jenkins secured third behind winner Armstrong for a 4-2 in heat five.

But Stoke pounced on struggling Danno Verge for a 5-1 in heat eight, and when they were handed another in heat 11 as Halsey spun and fell, the Potters looked seemingly untouchable 12 points up with just four races to go.

Mildenhall – Halsey 12 (5 rides), Armstrong 11+2 (5), Morley 10+1 (4), Jenkins 6+2 (4), Marson 5+1 (5), Whitmore 4 (3), Verge 2+1 (4).

Stoke – Davey 10 (5), Atkin 8+1 (5), Priest 6 (4), Tedham 6 (4), Terry-Daley 4+2 (4), Burnett 3+3 (4), Wallinger 3+1 (4).

DAVID CRANE

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